



# AUSTIN TEXANS

# MONTHLY NEWSLETTER

December 2016

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## Message from the President



*Hello Texans Families,*

*I just wanted to take a moment to wish my Texans Family a very Happy New Year. As we bring the 2016 chapter to a close and begin our journey into 2017, there are many great successes to celebrate. All of our players continue to develop both on and off the field and I remain glad that we get to be a part of your lives. I look forward to what the spring season brings.*

*Thanks,  
Jeff Hartle*



## Volunteer Spotlight- John Bartholomew



Dr. Bartholomew, Professor and Department Chair of the Department of Kinesiology and Health Education at UT-Austin, has provided four very well-received parent education sessions over the last year. A graduate in Psychology from Harvard University, he was also a three-year letter winner on the varsity football team. He then earned a Ph.D. in Exercise Science with an emphasis in Sport and Exercise Psychology from Arizona State University. He came to The University of Texas in 1996 and lives in Round Rock, TX with his wife Pam and daughters Blair and Emma (Texans G 02).





### From our Girls Director | JD Cochran

At publication time, the G 98's are competing in Week 2 of the USYS National League in Orlando, FL. The team won its last game of the weekend, after falling in the first two games. Details will be published in next month's newsletter.

Here, we spotlight the G 03 Red:

In early December, the G 03 Red were invited by STYSA to play in a SRPL qualification tourney. The top 4 teams would qualify for a Club Spot for the Spring season's Southern Regional Premier League (which is 4 teams from Oklahoma, 4 teams from North Texas and 4 teams from South Texas). The 03s went 2 wins and 1 loss to qualify from South Texas! Great job to the team and coaches!



### From our Youth Development Director | Tony Kallas



Spring Academy registration is open. The Spring fees for new players joining the Academy are only \$150. The registration deadline is January 26<sup>th</sup>. Academy training sessions begin January 16<sup>th</sup>. The Texans have teams and training locations in Pflugerville and Hutto.

Youth Academy program registration: <http://www.austintexanssc.com/youth-academy>

Spring Recreational registration is open. Registration deadline is January 26<sup>th</sup>. Spring games begin February 25<sup>th</sup>.

Recreational program registration:

❖ Hutto: <http://www.austintexanssc.com/hysa>

❖ Pflugerville: <http://www.austintexanssc.com/page/show/2614781-texans-pflugerville-recreational-soccer>

Please continue to spread the word with your friends and families about these opportunities. Our Academy and Recreational programs are growing. Academy sessions are open for everyone to attend. If anyone is interested, please have them contact Tony Kallas at [tkallas@austintexanssc.com](mailto:tkallas@austintexanssc.com) or (361) 290-1070.

### From our Boys Director | Jose Reyes



What an incredible finish to the Fall 2016 for the Austin Texans Boys Division!

Working hard during the preseason and playing a possession based style of play on game day is not something that is easy to do. This year, we continued the work to improve all of our players technically and tactically. Although there is still much work to continue going into the Spring, we are already seeing the fruit of that improvement pay off this Fall at the ages that you would want to see the results match the performances.

This Fall, our club has been invited to compete in the [Iber Cup](#) with our U8-U13 teams. The Iber Cup is the largest youth tournament in the world in these age groups. We will be taking a team in the 2009, 2007, 2006, 2005/2004 age categories. Teams that have competed in the Iber Cup in the past are: Liverpool FC, Manchester City, Ajax, Bayer Leverkusen, O. Lyon, Atletico Madrid, Inter Milan, Juventus, FC Porto, SL Benfica, Sporting Clube de Portugal, FC Zenit, Valencia CF, Sevilla FC, Real Betis, Malaga CF, Espanyol Barcelona, Deportivo la Coruña, Chivas Guadalajara, Paris St Germain, CR Vasco da Gama and Olympique Marseille.

The Austin Texans 02B have become the first boys team to qualify for the Southern Regional Premier League since the Austin Texans 94B. They finished the Fall in 1st place in State Classic League SRPL qualification and will compete in April against the bottom 2 teams of SRPL to challenge them for their spot in SRPL for Fall 2017. The Austin Texans 00B are only 1 more win away from yet another trip to the NPL National Championships this summer. The boys have been playing very well in the Fall and are sure to get that last win needed to get back to the National Championships again. This will be the 3rd time that the Austin Texans Boys Division has had a representative at the National Championships in the last 4 years.

The Austin Texans 98B and the Austin Texans 00B won the Dallas Texans Fall Festival Championship November 20, 2016. With these Championships and the strong reputation of both teams and the Boys Division of the Austin Texans has opened the door for their acceptance to compete at Dallas Cup 2017 this coming April. These are the first two teams to ever be allowed to compete at the Dallas Cup from the Austin Texans Soccer Club.

Good luck to all of our teams as they head into the Spring season of competition in their respective leagues. Continue working hard during the off-season, you can always keep your touches on the ball fresh and ready by training with our [Austin Texans Core Curriculum Video](#).

### From our General Manager & Goalkeeping Director | Ric Granryd



The new year brings new challenges. Some challenges I look forward to meeting in 2017:

1. In concert with the Board and Technical Leadership, assist in the development of several strategies to enhance club performance internally and externally.
2. Continue to seek collaborative initiatives that will improve the club's long-term health and viability.
3. Execute new strategic directions.
4. Develop internal performance evaluations.
5. Continue to develop the goalkeeping curriculum and training program.

And congrats to many of the teams, players, and coaches in both boys and girls divisions for their strong performances in the Fall season!

HUMANCARE  
FOR LITTLE HUMANS

dell children's  
medical center of central texas  
A member of the  Seton Family of Hospitals



## RESPIRATORY SEASON IS HERE.

At Dell Children's you are our partners in safety. Here's how you can help us to keep your child and every patient safe:

**ALL VISITORS should be healthy** – free from fever, cough or colds, allergy symptoms, including - runny nose, itchy eyes, sneezing and headaches, or stomach virus symptoms.

**Parents, guardians and children** may visit at any time as long as they are healthy.

***We recommend only children seeking evaluation or treatment at Dell Children's should be brought to the facility.***

These guidelines are necessary to protect the health and safety of our patients, their families and our staff.



Current local, state and national influenza (flu) activity has been low with scattered localized outbreaks reported. Flu activity tends to increase in October; however, this October has been unseasonably warm. The weather may partially explain the delay in flu cases this year as people are not congregating indoors because of inclement weather.

That could quickly change in coming weeks. Prevention is extremely important and the best way to prevent the flu is with the flu shot. ***Flu can also be deadly, especially for children. According to the CDC, in the United States, 85 pediatric deaths were attributed to influenza last season alone and a total of 344 over the last 3 flu seasons. Flu shots are the best way to prevent the flu and are recommended*** for everyone age 6 months and older with few exceptions.

Flu is not the only virus capable of causing illness. Other viruses that circulate year-around but have high activity levels in the winter months are Rhinovirus, Respiratory Syncytial Virus (RSV), Adenovirus, Parainfluenza virus and Coronavirus. These viruses can cause serious illnesses for children, especially those who are hospitalized.

Other ways to prevent getting flu or other viruses include avoiding close contact with sick people, wash your hands often with soap and water or use an alcohol-based hand rub. Avoid touching your eyes, nose and mouth and clean and disinfect surfaces and objects that may be contaminated with germs like the flu or other viruses.

If you are sick, limit or avoid contact with others to keep from infecting them, especially those people who are hospitalized. The Centers for Disease Control and Prevention (CDC) recommends that you stay home for at least 24 hours after your fever is gone (without the use of fever-reducing medicine) except to get medical care or for other necessities. Cover your nose and mouth with a tissue when you cough or sneeze and throw the tissue in the trash after you use it.

Sarmistha B. Hauger M.D.  
Chief, Pediatric Infectious Diseases  
Dell Children's Medical Center

Ann Bailey, RNC-NIC, BSN, MBA, CIC  
Infection Preventionist

## Spring Fundraising Update

Happy New Year!

The Spring Fundraiser will be the selling of chocolate bars (same as last spring and highly requested from our members).

Please note Academy teams will participate in the Spring Fundraiser.



**Nicki Huschka**  
Fundraising Director  
fundraising@austintexanssc.com

## Texans Education Update

We had a great turnout for our December Parent Session "Parenting an Athlete" with Dr. John Bartholomew. Thanks to all of our coaches, parents, and players that attended.

If you were not able to attend, check it out on our YouTube channel (see below). We will be offering more sessions this spring. Please email any feedback or suggestions to [education@austintexanssc.com](mailto:education@austintexanssc.com).

<https://www.youtube.com/watch?v=ktmv7e4Czls&feature=youtu.be>



HAPPY BIRTHDAY TO ALL!!

Joshua Ajayi	Lyzandro Hernandez	Ricardo Pena-Suscal
Kennedy Alexander	Gustavo Jacinto	Aliza Ramsey
Jane Atwood	Jorge Jaimes Carbajal	Lexi Rice
Reese Braymen	Jenna Klabunde	Maritza Sanchez
Savannah Brown	Aiden Klumker	Rishi Srinivasan
Brooke Bullard	Chloe Lee	Grace Sturdivant
Esdras Calvac	Leslie Lehman	Hector Valle
Keeley Cooper	Raven Littles	Haley Wilson
Mary M. Dolan	Lucia Lozada	
Elizabeth Driggers	Tatum Marques	
Bailey Featherstone	Amaya Marsh	
Sarah Frank	Santiago Maya	
Gabrielle Guerrero	Jael Mondragon	
Marcos Guerrero	Isabella Murphy	
Bryson Gunn	Andrew Pearson	

