



*****CERTIFIED PERSONAL TRAINING*****

One Hour & Half Hour Sessions

Individual & Small Group Programs

Plans and Programs to Fit Every Budget

Save \$\$ with 2 People Training Together!

One Hour Sessions—Prices are Per Person Per Session		
	1:1 Training	2 People
6 Sessions	\$65	\$50
12 Sessions	\$60	\$47
24 Sessions	\$55	\$44

Half Hour Sessions—Prices are Per Person Per Session		
	1:1 Training	2 People
6 Sessions	\$42	\$33
12 Sessions	\$40	\$31
24 Sessions	\$37	\$29

* All Package Sessions must be prepaid to receive discounted pricing

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