



2019 MEN'S AGE DIVISIONS and WEIGHT CLASSES



The age divisions and weights listed below will be used at all ISWA Folkstyle, Freestyle and Greco-Roman state final events.

AGE DIVISIONS	BIRTH DATES	WEIGHT CLASSES
PEE-WEE 6U	Born 2013-2014	35, 40, 45, 50, 55, 65, 75, 85 (10 lbs maximum difference)
BANTAM 8U	Born 2011-2012	43, 45, 49, 53, 56, 62, 70, 85
INTERMEDIATE 10U	Born 2009-2010	49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120
NOVICE 12U	Born 2007-2008	58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160
SCHOOLBOY/GIRL 14U	Born 2005-2006	71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250
CADET 16U	Born 2003-2004	88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
USA JUNIOR	Born 9/1/1999 - 12/31/2004 - plus enrolled in grades 9-12	106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
UNIVERSITY	Born 1995-2001 & must have graduated from high school At least 17 years old & less than 28 years old on 1-1-2018	110, 121, 132, 145.5, 163, 185, 211.5, 264.5
SENIOR	Born 1999 or before	121, 132, 145.5, 163, 185, 211.5, 264.5
VETERAN	Born 1989 or before	110, 138.5, 152, 167.5, 187.25, 213.75, 286.5

USAW/ISWA is currently considered to be in the 2019 season. New notations from USAW on age divisions such as Bantam 8U, Intermediate 10U, Novice 12U can be best explained in this way; subtract 2019 from your child's birth year to identify Age Group. Note the age division birth years have not increased or decreased. Also note Indiana recognizes 6U as Pee-Wee division but is not recognized at the national or regional level. Local tournament directors, in rare occasions may include one lower weight class or one higher weight class if necessary. Tournament directors, please note that if a weight class needs added either lighter or heavier this accommodation can be made. Example: Novice 160+ or Intermediate 41. These accommodations will be made at the state finals as they arise from year to year on rare occasions.

2018/2019 NEW ELEMENTARY DUAL TEAM WEIGHT CLASSES

**43, 49, 54, 59, 63, 68, 73, 78, 84, 90, 98, 105, 115, 130,
HWT (up to 175)**



2019 WOMEN'S AGE DIVISIONS and WEIGHT CLASSES



The age divisions and weights listed below will be used at all ISWA Folkstyle, Freestyle and Greco-Roman state final events.

AGE DIVISIONS	BIRTH DATES	WEIGHT CLASSES
BANTAM 8U	Born 2013-2014	35, 40, 45, 50, 55, 60, 65, 70, 75 (15 lbs. maximum difference)
INTERMEDIATE 9U	Born 2010-2012	45, 50, 55, 60, 65, 70, 75, 80, 85, 93,105
NOVICE 12U	Born 2007-2009	60, 65, 70, 75, 80, 85, 90, 95, 102, 110, 118, 127,145,160
SCHOOLGIRL 14U	Born 2005-2006	72, 79, 85, 92, 97, 101, 105, 110, 119, 127, 136, 145, 185
CADET 16U	Born 2003-2004	94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200
JUNIOR	Born 9/1/1999 - 12/31/2004 plus enrolled in grades 9-12	100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225
UNIVERSITY	Born 1995-2001 & must have graduated from high school At least 17 years old & less than 28 years old on 1-1-2018	105.75, 116.8, 121.25, 127.9, 132.3, 138.75, 152.1, 165.3
SENIOR	Born 1999 or before	105.75, 116.8, 121.25, 127.9, 132.3, 138.75, 152.1, 165.3

USAW/ISWA is currently considered to be in the 2019 season. New notations from USAW on age divisions such as Bantam 8U, Intermediate 10U, Novice 12U can be best explained in this way; subtract 2019 from your child's birth year to identify Age Group. Note the age division birth years have not increased or decreased. Also note Indiana recognizes 6U as Pee-Wee division but is not recognized at the national or regional level.

Local tournaments directors, in rare occasions may include one lower weight class or one higher weight class if necessary.

Tournament directors, please note that if a weight class needs added either lighter or heavier this accommodation can be made. Example: Novice 160+ or Intermediate 41. These accommodations will be made at the state finals as they arise from year to year on rare occasions.

2018/2019 NEW ELEMENTARY DUAL TEAM WEIGHT CLASSES
43,49,54,59,63,68,73,78,84,90,98,105,115,130,
HWT (up to 175)