

Skinchecks at State Events



Procedure for Dermatological Issues at ISWA State Finals

The following guidelines for skin checks should be used at all ISWA sanctioned events. We have adopted the National Federation of State High School Associations (NFHS) guidelines.

Standards for Competition with skin lesions

The following skin conditions will warrant the associated actions

Condition and Required Actions

Bacterial Diseases (impetigo, boils, MRSA)

To be considered “non-contagious,” all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum)

To be considered “non-contagious,” all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm scalp, skin)

Oral or topical treatment for 72 hours on skin and 14 days on scalp.

Scabies, Head Lice:

24 hours after appropriate topical management.

Conjunctivitis:

24 hours of topical or oral medication and no discharge.

Molluscum Contagiosum:

24 hours after curettage.

Chicken Pox

Disqualification until all lesions are dry.

Poison Ivy

Allow competition if all lesions are covered with impermeable dressing. Absorbent secondary dressing to prevent leakage of contents

Other conditions

At the discretion of the medical staff, in consultation with the Sports Medicine Director as necessary

ISWA Policy

ISWA adopts a policy that states “Athletes who have been disqualified from competition for contagious skin lesions must present a physician’s statement certifying treatment rendered before they are allowed to return for a second skin check. The decision of on site medical staff is final when determining if this treatment satisfactorily eradicated the condition.”

Nicole Moss, ISWA Sports Medicine Director

(317) 919-2193 ♦ nmoss@ecommunity.com