

Untreated Ringworm

Nature of Skin Infection

This wrestler has been determined to possibly have a skin infection called ringworm. Ringworm is a skin infection caused by a fungus. Ringworm can affect skin on your body ([tinea corporis](#)), scalp ([tinea capitis](#)), groin area ([tinea cruris](#)), or feet ([tinea pedis](#)). Ringworm is highly contagious. It can be passed from one person to the next by direct skin-to-skin contact or by contact with contaminated items such as mats, combs, unwashed clothing, and shower or pool surfaces. The symptoms of ringworm include:

- Itchy, red, raised, scaly patches that may blister and ooze. The patches often have sharply-defined edges. They are often redder around the outside with normal skin tone in the center. This may create the appearance of a ring. Your skin may also appear unusually dark or light.
- When your scalp or beard is infected, you will have bald patches.
- If nails are infected, they become discolored, thick, and even crumble.

We have calculated the number of wrestlers who could come in contact with one infected individual through skin to skin or skin to mat contact at greater than 200 wrestlers for our State Finals. This potential for large scale infection is not worth the risk. In an effort to ensure all wrestlers' safety, the ISWA and its Sports Medicine Director have determined that individuals with active ringworm may not wrestle at ISWA State Finals events. If the wrestler presents a clearance note from a MD stating that the athlete has been on medicine for five days, the lesion can be adequately covered and is not active, as determined by our trainer, the wrestler will be allowed to participate.

