

2017 – 18 Webster Cyclones U15 Midget Minor or U16 NTB Season Plan

Mission Statement: To prepare players for Jv/Varsity H.S. hockey within a team first philosophy. Excellent opportunity for focused and dedicated players to develop their character and skill in a challenging but fun environment.

Head Coach: **Eric Birkemeier**

Assistant Coach: TBD

Power Skating Coach: TBD

Goalie Coach: TBD



Coach Bios:

Eric Birkemeier: Level 3 USA Hockey Certified, played youth hockey in West Seneca, NY.
Assistant Coach 6 seasons and Head Coach 2 Seasons.

Season Outlook:

- Season from August 1st, 2017 to November 2017
- Practices:
 - Three full ice the month of August, two full ice the rest of the season.
 - One power skating session per week.
 - One goalie specific training session per week.
 - Hockey Systems and Concepts taught through online video tutorials reinforced with chalk talk and on ice system drills.
- 18-24 Games
 - 18 - 20 League Games (WNYAHL)
- Looking at 1 local tournament if league schedule permits.
- Looking to field 14-16 players, 1-2 goalies.

Team Costs: Approximately \$1200 to WYHA and \$500 team fund, \$1700 total.