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| **U7/U8** | |
| **Small-sided Games** | |
| **Modified Playing Rules - Effective Fall 2016** | |
| **For complete rules www.nebraskastatesoccer.** | |
| **Number of Players** | 4V4 - 4 field players, No GK |
| **3 players must be present to start a game** | |
| **Roster Size** | 8 Maximum |
| **Field Dimensions** | Rectangular: Between 25-35 yards by 15-25 yards recommended |
| **Markings** | The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A center circle is not required. |
| **Goals** | 4 X 6 Recommended. Goals must be anchored securely to the ground. |
| **Goal Area** | NONE required |
| **Penalty Area** | NONE required |
| **Flag Posts** | Corner flags conform to FIFA. No flags required at the halfway line. |
| **Corner Arc** | NONE required |
| **Ball** | Size 3 |
| **Duration of play** | The duration of the Match: The match shall be divided into four (4) equal ten (10) minute periods. There shall be two (2) minute break between periods 1-2 and 3-4 with five (5) minute half time break |
| **Offside** | **DOES *NOT* APPLY** |
| **Free Kicks & Corner Kicks** | Conform to FIFA except that all opponents are at least 4 yards from the ball. |
| **Start & Restart of Play** | Conform to FIFA except that all opponents are at least 4 yards from the ball. |
| **Headers** | Not permitted. A purposeful header shall result in an indirect free kick awarded to the opponent at the spot of the infraction. |
| **Fouls & Misconduct** | All fouls shall result in a direct free kick. If a child is being too rambunctious then the game official will ask the coach to make a substitution of that player to give the child a chance to calm down before returning to play. The referee/coach/parent must explain all infringements to the offending player. No cards are shown for misconduct. |
| **Substitutions** | UNLIMITED and at any stoppage. No substitutions on penalty kicks. |
| **Penalty Kicks** | None |
| **Goal Kick** | The ball is in play once it has left the goal area. Opponents must be at least 4 yards from the point the kick is taken. |
| **Ball In & Out of Play** | Conform to FIFA. The defending players must stand at least four (4) yards from the ball until it is in play. |
| **Method of Scoring** | Conform to FIFA. |
| **Updated Fall 2016** | |