

2017 USAW F/G POINTS OF EMPHASIS

1. **ALL CORRECT HOLDS/ACTIONS FROM A STANDING OR LIFTING POSITION ARE WORTH TWO POINTS IN G/R AND F/S. PREVIOUSLY, CORRECT HOLDS WERE SCORED AS TWO POINTS IN G/R AND ONE POINT IN F/S. THEY ARE NOW WORTH TWO POINTS IN EACH STYLE.**
2. **EVERY CAUTION WILL BE SCORED AS A CAUTION (0) AND 2 POINTS TO THE OPPONENT. THIS INCLUDES FLEEING THE MAT, FLEEING THE HOLD, ILLEGAL HOLDS, AND ALL FOULS. ALL CAUTIONS IN BOTH STYLES ARE WORTH TWO POINTS TO THE OPPONENT.**
3. **GRAND AMPLITUDE ACTIONS THAT CAUSE THE DEFENSIVE WRESTLER TO ATTAIN AN IMMEDIATE DANGER POSITION WHEN HITTING THE MAT ARE WORTH 5 POINTS IN BOTH G/R AND F/S. IF A GRAND AMPLITUDE ACTION DOES NOT CAUSE THE OPPONENT TO ATTAIN A DANGER POSITION, 4 POINTS SHALL BE AWARDED IN G/R AND F/S.**
4. **DURING ACTIVITY TIME IN F/S, IF EITHER WRESTLER SCORES, THE ACTIVITY TIME IS ABOLISHED (SAME AS IN PREVIOUS YEARS). HOWEVER, IF NEITHER WRESTLER SCORES, INCLUDING THE PENALIZED WRESTLER, REGARDLESS IF AN ACTION IS IMMINENT OR NOT, PRIOR TO THE :30 CLOCK BEING COMPLETE, THE OPPONENT WILL RECEIVE ONE POINT. THE MATCH WILL NOT BE STOPPED AND NO CAUTION WILL BE GIVEN.**
5. **IN THE UWW CADET, UWW JUNIOR, U23, UNIVERSITY AND SENIOR AGE CATEGORIES, A TIME ALLOTMENT OF 4 MINUTES HAS BEEN MADE FOR TREATMENT OF A BLOOD RELATED INJURY. THE CLOCK FOR BLOOD TIME WILL START IMMEDIATELY AFTER A DOCTOR OR TRAINER STEPS ON THE MAT. TIME FOR MAT CLEANUP WILL NOT COUNT TOWARDS THIS 4 MINUTE ALLOTMENT.**
6. **ALL PASSIVITY CALLS IN G/R AND F/S MUST BE CONFIRMED BY THE CHAIRMAN. THE JUDGE IS OBLIGATED TO GIVE HIS OR HER OPINION, BUT THE CHAIRMAN MUST CONFIRM A PASSIVITY CALL FOR IT TO BE VALID.**
7. **THE MAT CHAIRMAN WILL BE GIVEN THE LATITUDE TO REVIEW THE VIDEO OF A PREVIOUS ACTION IN CONSULTATION WITH THE REFEREE AND JUDGE WITHOUT A CHALLENGE BEING ISSUED BY THE COACH OR ATHLETE (WHERE VIDEO REVIEW APPLIES). JUST BECAUSE THE MATCH MAY BE STREAMING ONLINE (VIA TRACKCAST OR FLOWRESTLING) DOES NOT MEAN THAT EVERY MATCH CAN BE REVIEWED. THE MATCH IN QUESTION MUST BE ELIGIBLE TO BE CHALLENGED IN ORDER FOR THE MAT CHAIRMAN TO ORDER A REVIEW.**
8. **IN G/R WHILE IN PAR TERRE, THE BOTTOM WRESTLER MUST GO FLAT ON THE RESTART. FURTHER, THE BOTTOM WRESTLER MUST DEFEND HIMSELF WITH BOTH OF HIS ARMS OPEN AND AWAY FROM HIS BODY. THEY CANNOT "CLOSE" OFF BY HAVING HIS ELBOWS CLOSE TO HIS BODY, OR FIGHT THE HANDS OR LOCK OF THE TOP WRESTLER. IF THE BOTTOM WRESTLER IS BEING LIFTED, HE IS ALLOWED TO PUSH FROM HIS OPPONENT'S TORSO OR POST ONE ARM OF THE OFFENSIVE WRESTLER WHILE BEING LIFTED. IN PAST YEARS, THE BOTTOM WRESTLER WAS FORBIDDEN TO POST AN ARM WHILE BEING LIFTED; THAT HAS BEEN CHANGED FOR THIS YEAR.**
9. **ALTHOUGH NEVER LEGAL, GRABBING AND INTERLOCKING FINGERS IS STRICTLY FORBIDDEN AND WILL BE A POINT OF EMPHASIS. IF A WRESTLER INTERLOCKS THE FINGERS FOR AN EXTENDED TIME AND DOES NOT FOLLOW THE "OPEN" OR "NO FINGERS" COMMAND FROM THE REFEREE, THEY MAY BE PENALIZED. IF AFTER THE VERBAL WARNING THE WRESTLER AT FAULT DOES NOT CORRECT HIS OR HER ACTIONS, THE MATCH WILL BE STOPPED AND A CAUTION WILL BE GIVEN TO THE WRESTLER AT FAULT AND TWO POINTS TO HIS OR HER OPPONENT. IN ANY CASE, IF TWISTING IS INVOLVED WHILE INTERLOCKING THE FINGERS, THIS WILL BE PENALIZED IMMEDIATELY AS AN ILLEGAL HOLD (CAUTION AND TWO POINTS TO HIS OR HER OPPONENT).**
10. **ALL COMPETITORS IN MASTERS CLASSES C, D AND E MUST PRESENT A LETTER OF MEDICAL CLEARANCE AT USA WRESTLING NATIONAL EVENTS MEDICAL CHECK TO WEIGH IN THAT STATES THE COMPETITOR IS CLEARED TO COMPETE WITHOUT ANY RESTRICTION. THE LETTER MUST STATE THAT THE COMPETITOR HAS THE CARDIOVASCULAR ABILITY TO COMPETE IN AN INTENSE, VIGOROUS COMPETITION PER UWW REGULATIONS. THE LETTER MUST BE DATED WITHIN 90 DAYS OF COMPETITION. THE LETTER MUST CLEARLY IDENTIFY THE LOCATION AND CONTACT INFORMATION FOR THE MD OR DO WHO AUTHORIZED THE ATHLETE FOR COMPETITION.**