

GLOBAL GRAPPLING NO GI

RULES:

Scoring:

Takedown & Throw = 2 points

Reversals & Sweep = 2 points

Pass opponents guard = 3 points

Mounted position = 4 points

Back Control with Hooks in = 4 points

Back Control without Hooks in = 2 points

To gain points for position, the competitor must show clear control for 3 seconds.

- Each match will start from the standing position. If the competitors move out of bounds in a definitive position, they will be brought back to the center of the ring and restarted in the same position. If the competitors are standing or not in a defined position when they go out of bounds, they will be restarted facing each other.
- Shorts must be worn by all competitors. Women must wear tops. Mouth piece and groin protection are required.
- Wrestling shoes are not allowed.
- No lubricants, oils, or lotions of any kind permitted of any part of the body or clothing.
- Matches are won by submission, points or advantages (when no submission or points are scored). In case of a tie, the referee will decide the winner.
- Advantages: (submission attempts that posed a real threat to opponent, near takedowns, near sweep, near passes, etc.). Any competitor with top position who makes no attempt to advance will be viewed as inferior to competitor in the guard position who is making attempts at advancing. Advantages will only be used in the case of a tie with points.
- No Stalling: Referee will issue warnings for the 1st offense of stalling (i.e. backing out of the guard without engaging, no activity, butt scooting, fleeing the ring to avoid takedown or submission attempts). A 2nd offense will result in a 2 point deduction. A 3rd offense will result in a disqualification.
- Referee has the discretion to call a match for use of excessive force (i.e. competitor refuses to release pressure after opponent submits or opponent refuses to submit and the referee believes that the submission will cause immediate damage or injury). The referees will be shown maximum respect at all times. Their decisions are final and will not be disputed.
- No grabbing or use of opponents clothing, shorts, rash guards, t-shirts, etc.
- Heel Hooks, Twisting Knee Locks, and Neck Cranks are ILLEGAL in Children, Beginner, Intermediate, Masters, and Women's Divisions. All submissions are allowed in Advanced divisions and in the Super Fights.
- No strikes, biting, eye gouging (includes chin to eye), head butting, small joint manipulation (finger or toe locks), hair pulling, or ear pulling. No attacks to the windpipe or groin.
- No unsportsmanlike conduct allowed as observed by referee (includes spitting, use of foul language, obscene gestures, etc.). Warnings will be given for unsportsmanlike conduct. Repeat offenders will be disqualified.
- No Slamming allowed. Illegal slamming will be defined as slamming your opponent to escape submissions and/or to pass the guard; or standing from the guard and/or jumping from a standing position to slam your opponent. Takedowns are NOT considered slams, but you must deliver your opponent safely to the mat.