



## Cougar Football Chemical Commitment Statement

I, \_\_\_\_\_, hereby commit to the following as of \_\_\_\_\_.

1. I will be chemically free.
2. I will help my fellow teammates and classmates be chemically free.
3. I will actively remove myself from situations in which chemicals are being used.
4. I will support other student athletes that are committed to being chemically free.

**I understand that this commitment will require the support of many people. I will rely on the people listed below to help me. I will be open and honest with them.**

	Print Name	Signature
Teammate		
Teammate		
Teammate		
Teammate		
Parent		
Adult Relative (2 <sup>nd</sup> Parent)		
Football Coach		
Teacher		

\_\_\_\_\_

Player Signature

\_\_\_\_\_

Grade