

**South Mecklenburg Men’s Lacrosse Information**

**2017 Season**

* The lacrosse season is roughly February–May. The first practice will be Feb. 13 2017 (Games begin Feb. 27). Men’s Lacrosse is a no cut, pay to play, self- funded club sport. The inclusion of a JV team will be determined by the number of registered eligible players.
  + M-F daily practice will begin February 13 approx: 5P-7P at South
  + Total cost for the season is $350.
    - A $100 deposit is due at the mandatory Nov 17th meeting (6:30P) before we order the practice jerseys, shorts and sox which the players keep.
    - The $250 balance is due in late Jan.
    - All checks should be payable to South Mecklenburg High School Booster Club
  + Each player must provide their own equipment:
    - Mouthpiece
    - Lacrosse gloves
    - Lacrosse arm guards
    - Lacrosse shoulder pads
    - Athletic supporter with hard cup
    - Lacrosse stick
    - Cleats
  + The team provides (to be turned back in at the end of the season):
    - Gear bag
    - Home/away uniforms
    - Practice pennie
    - Helmet
* Registration/Physicals/Paperwork-Academic Requirements:
  + Must have a minimum of a 2.0 GPA and 85% attendance from 1st semester
  + Must have passed a minimum load of work during the 1st semester
  + Must be currently enrolled in at least a full minimum academic course load
  + Must complete a Men’s Lacrosse Registration
  + Must always have a current NC High School Athletic Association Sports Preparticipation Examination Form (sports physical)

Optional Off Season work (highly recommended) All players must provide their own equipment (Helmets can be borrowed)

**Fall Practices Sept/Oct:** Tues/Thur Sept 6-Oct 27 (Sept 5:30-7:30/Oct 5:30-7)

Huntingtowne Farms Park (2400 Ramblewood Lane; Charlotte, NC 28210)

$75 per player for the 28 practices (check should be made payable to David Hoagland)

**November Conditioning** free TBA

**Dec-Jan:** free Saturday AM Winter Practices (9-man)/Winter Preseason Training

REGISTRATION FORM ON SOUTH MECK WEBSITE: SEE ATHLETICS/SPRING SPORTS/MENS LACROSSE

**Interested? Contact Jane Hoagland** [**hoaglandjm@gmail.com**](mailto:hoaglandjm@gmail.com) **704-575-4713**