

New Richmond Girls Basketball

Tiger Shot Club 2017

June 2nd-Oct. 31st(non weekends and holidays = 100 days roughly)

3rd-4th = 30 Days to qualify

5h-6th = 40 Days to qualify

7th-8th = 50 Days to qualify

To have a day that qualifies you would need to do the following:

1. Shooting Warm-up off MaxOne - Tiger Girls Shot Club 2017-Warmup
2. Finishing workout off MaxOne - Player's Choice
3. Shooting workout off MaxOne - Player's Choice
4. Free Throw workout off MaxOne - Player's Choice

To access Maxone go to <https://www.gomaxone.com/>

Click Sign In

If you have a username and password from last year enter and then hit sign in

If you need to sign up for an account click Sign Up and enter **nrgirlsbball** in for the invite code and then create an account

If you need help with the warm-up or any of the shooting drills coaches will be in the gym during open gyms.

Open gyms are Monday night from 6pm-7:30pm, Tuesday from Noon-2pm, and Thursday from Noon-2pm.

Open gyms will not occur during the weeks of June 26th-July 7th.

Spirit...**C**ommunication...**H**ustle
Approach...**P**recision...**E**nhancement