

# What is Liberty Belle Volleyball?

Club volleyball starts at the end of the middle/high school season and is considered a competitive program for players that want to continue working on their skills. Girls club volleyball season runs from December to June, tryouts are normally in late October or early November. Typically volleyball clubs will have more than one team per age group. Liberty Belle Volleyball will normally have 1-3 teams for ages 12-14 and 1-2 teams for ages 15-18. We attend sanctioned tournaments from USA, AAU and JVA. Tryouts are performed so the selection of players to each age group can be made offers to play. Players trying out for USA teams will be given no more than 72 hours to commit or decline an offer from a club. Once the player accepts the offer from the club you are considered committed to that club for the season. AAU tryouts are regulated by each individual club.

## Player selection:

Players are selected using many variables; most common are current skill set, potential skill set, and response to instruction during the tryout and commitment from the parents. Since cost can be a factor and each team level is priced differently, you can select which level you desire to try out for during our online registration. The Belles Division, (local) is the least expensive program we offer and regional is the most expensive, area will be in between the 2 but closer to regional than local.

## Regional Teams:

Regional teams will play the most single and multiday tournaments, this is a greater commitment from the player and parents. You're scheduled for 2 day a week practice, times are relative to gym availability and age group, at least 3 multi day tournaments and 5 single day, you will travel to different parts of the state and at times, outside the state. The demand for excellence is greatest at this level. These teams will have the greatest potential to attend a national tournament. Age groups 13-18.

#### Area Teams:

Area teams will play single and multiday tournaments, just not as many as the regional teams and will require the same commitment from players and parents. You're scheduled for 2 day a week practice and will attend at least 2 multi day and 5 single day tournaments, residing mostly in state. There is also a demand for excellence at this level. This level could possibly attend national competitions. Age groups 13-18.

#### Local Teams:

Local teams, Belles Division, are our development teams, we find that this is at times the best consideration for players that have a heavy school sports schedule or are not too sure they want to commit to a regional or area team. You will also have a 2 day a week practice and participate in 5 local tournaments, this can take you out of state but it is less likely than say a area team. These teams are the least likely to attend national tournaments. Age groups 12-14. Additional age groups can be added if the need arises.

#### Uniforms:

We include our uniform cost in the total club fee, presented at tryouts. Traditionally, we offer, for the regional and area teams, a larger uniform package due to them participating in multi day tournaments. Local, Belles, teams will also receive a complete uniform package.

#### Tournaments:

Club tournaments are held on the weekends, either Saturday or Sunday, multi day, 2-3 days, are normally around holidays like, MLK, St Patty's Day, President's Day, Easter and Memorial Day. Tournaments start at around 8AM and will run until 5-7PM. Wave format, AM or PM starts, can run until 9PM for PM starts during a multiday event. They are held at middle/high schools, colleges and sports complexes. You will play at least 3 matches each day of a tournament.

#### Coaches:

Club volleyball is typically coached by, middle/high school and college coaches. Many coaches also come from the ranks of players that have played club in the past and are currently playing in college or have graduated. All coaches/staff are required to be certified coaches, maintain additional certifications and background checks.