

INDIANA STATE WRESTLING ASSOCIATION, INC.

TOURNAMENT RULES, REGULATIONS & STATE MODIFICATIONS FOR CONDUCTING A SANCTIONED EVENT

RULES & REGULATIONS FOR ALL SANCTIONED EVENTS

1. Tournaments hosting an ISWA/USA Wrestling event must require all competitors to hold a current USA Wrestling competitor's membership card.
2. A USA Wrestling Competitor's card or proof of purchase must be presented when registering
3. Pee-Wee, Bantam, Intermediate, Novice and Schoolboy wrestlers **CANNOT** move up an age division. Cadet age division wrestlers who are in high school may move up to the Junior age division. Senior age division wrestlers CANNOT move up to Veteran. However, persons qualified for the Veteran age division may wrestle in Senior age division.
4. Entry forms must include a participant's waiver and release as well as a signed consent (by a parent or guardian if they are under 18) for emergency medical treatment.
5. Out-of-State wrestlers may compete in ISWA open events and preliminary tournaments provided they are duly registered with USA Wrestling. The ISWA STATE FINALS Series is open to INDIANA RESIDENTS ONLY!! Under no circumstances will out-of-state wrestlers be allowed to participate in any ISWA State Final. In case of a protest, full-time Indiana residency must be verified to the Tournament Committee. Indiana school enrollment will determine residency if other verification is unavailable or not satisfactory. The wrestler will then have to produce a copy of their report card or school ID to participate.
6. Weigh-ins for all age divisions will consist of 1 weigh-in and 1 immediate challenge. Wrestlers will not be allowed to leave the weigh-in room. A wrestler may move up one weight class from the weight in which he/she is qualified to compete in at the time of weigh in.
7. Mouth guards and headgear are required during competition at ISWA sanctioned events for wrestlers participating in Pee-Wee through Schoolboy/girl age divisions. Non-compliance may result in elimination from the tournament.
8. Pee-Wee age division wrestlers will be governed by the same rules as Bantam through Schoolboy/girl. All modifications imposed by USA Wrestling for Bantam through Schoolboy/girl age divisions will also apply to Pee-Wee age division wrestlers.
9. A wrestler must be allowed at least 15 minutes after a bout before he/she can compete again.
10. Athletes must weigh-in wearing a competition legal uniform.
11. With the exception of the State Finals, weight classes may be split at the discretion of the local tournament host.
12. Certified Athletic Trainers will be on site to conduct skin checks during weigh-ins at all state final events. All decisions by the trainers, regarding participation, will be final! (For details go to iswa.com and select Tournament/Sports Medicine from the top menu. Sports Medicine information includes Skin Check information and a Physician's Release for Wrestlers.)
13. All tournaments will be required to have the following: Tournament Director, Head Mat Official, Head Pairing Official and a Medical Trainer.

FOLKSTYLE SPECIFIC MODIFICATIONS & RECOMMENDATIONS NFHSA

Rules will apply with the following modifications:

1. All corrections of errors MUST be settled with the official/head official at mat side using the guidelines per NFHS Rules. **No judgment issue will be reviewed.**
2. The ISWA recommends that line bracketing be used at all Folkstyle events where there are 4 or more in a weight class. Vertical pairing is recommended for 3 or less. Copies of bracket sheets, flow charts, etc. are available for printing on the ISWA web site: iswa.com

FREESTYLE OR GRECO-ROMAN SPECIFIC MODIFICATIONS & RECOMMENDATIONS

The FILA rules in the "International Rule Book," as modified by USA Wrestling, are to be followed at Freestyle and Greco-Roman events.

1. The "Vertical Pairing System" with positive points or Line Bracketing may be used at events. Copies of Wall charts, work sheets, flow charts, etc. are available for printing at iswa.com
2. The ISWA strongly suggests that a "Blind Draw" be used at all local tournaments.