

## **What the Fall and Winter Coaches Can and Cannot Do:**

### **Fall Coaches:** *Not under the MSHSL Rules*

- Can participate/run spring tryouts
- Can choose fall dance members and put on a roster
- Can sit dancers out from a performance based on dance ability, grades or attitude
- Participate in any PLDT practice, performance, fundraiser or team party
- Attend JFK Camp
- Come to a winter practice to give comments and critiques
- Attend any winter performance or competition
- Cannot be on the winter coaching staff
- Can teach, direct or own a dance studio
- Can teach PLDT members at a studio all year without limitations

### **Winter Coaches:** *Under the MSHSL Rules*

- Can run a spring tryout for six consecutive days with full coaching contact
- Cannot choose members for the PLDT fall team
- Can choose who dances at summer events based on level of dance technique
- Can choose summer practice levels
- Can put PLDT members on a varsity/jv winter roster but this roster cannot be released until the official start date of winter season
- Can have full coaching contact from June 1<sup>st</sup> –July 31<sup>st</sup>
- Can attend JFK Camp
- Can run off season strength and conditioning programs
- Can attend any fall and winter PLDT performance
- Can attend any fall and winter team bonding parties
- Can work with the booster club and AD on hiring/firing fall coaches
- Can work with the fall coaches to teach technique and how specific skills should be taught
- Can advise fall coaches on coaching questions or team problems
- Cannot organize fall practice plans
- Cannot direct, organize or coach captain/senior led practices
- Cannot teach jazz or kick related techniques to PLDT members during August 1-October 23<sup>rd</sup>
- Can work with the choreography committee on jazz and kick routines two weeks before the official winter start date. October 10-22
- Cannot organize a fall fundraiser during the official fall season
- Can organize a summer fundraiser
- Can participate in the PLDT Youth Clinic as a supervisor to the youth dancers
- Can work with individual dancers to set goals, talk about problems and give advice during the fall season as long as jazz and kick skills are not being taught

- Can meet with the seniors/captains during the fall season to discuss winter ideas, costumes, music, as long as jazz and kick skills are not being taught
- Can meet with the booster club anytime during the year to discuss plans, budget, etc.
- Can teach, direct or own a dance studio
- Cannot require/force dancers to attend a specific studio
- Can have personal social media sites and post all related dance groups they are involved in.

**Specific studio related questions:**

**Can a winter coach also teach at a local Dance Studio?**

Yes – but they may not coach members of the high school team in jazz, high kick or related skills, **except during the winter competitive season (October 24-February 11) and/or the summer waiver period (June 1-July 31)** Once a student participates in the grades 9-12 dance team program at the school, they would fall under this limitation.

**Can a winter coach who also teaches at a local Dance Studio teach strength, conditioning, cardio and flexibility classes?**

Yes – they can teach any class at any time during the year as long as jazz, high kick, or related skills are not being taught.