

## Metro Edge FSC Ice Rules / Procedures

**The Metro Edge Figure Skating Club has established the following ice rules and regulations for the purpose of providing safe skating conditions, an environment for learning, and an atmosphere for pleasant skating.**

### Check-in Procedures

1. Metro Edge FSC requires Club members to be “in good standing”, in both conduct and finances, in order to skate Club ice sessions, this applies to both skaters and coaches.
2. For safety and insurance purposes only coaches who are Home or Associate members of Metro Edge FSC, are USFSA and/or ISI members **AND** have proof of coaches’ insurance will be allowed to teach on Club sessions. Guest coaches may use club ice with the permission of the Operations Chair ([finley.dawn@gmail.com](mailto:finley.dawn@gmail.com)) with 24 hours’ notice via email.
3. All skaters must check themselves in personally with the monitor and pay prior to taking the ice. The Monitor will check membership status, a membership roster is included in monitor book.
4. **No skater will be allowed on club ice without proper payment BEFORE taking the ice, even if it prevents them from attending a scheduled lesson. Please be sure your skater arrives with proper payment.** Any skater taking the ice without signing in and making proper payment will be asked to leave the ice. **NO EXCEPTIONS**
5. Visitors may skate provided they are USFS members, sign the liability waiver/release in the ice book and pay the visitor \$20 walk-on fee. Only members may purchase punch cards. A summer associate membership is available for visiting skaters to ensure club rates and the opportunity to buy punch cards.
6. Club Ice sessions are recommended for skaters that have tested a minimum of FS1 and/or have tested in USFS (pre-pre MIF and/or Free Skate). Reword: Skater’s utilizing club ice without a coach/lesson must be skating at the FS1 level.
7. All missed CI sessions can only be made up with 24 hours notice of missing a session and make ups must be indicated when a skater checks in. Sessions can be made up on a different contract night. **No CI sessions can be made up after the last ice date in MAY.** No Exceptions.

### General Supervision Information

8. A monitor will be present to check-in skaters for the entire session.
9. The club will attempt to secure a volunteer to play music, In the absence of a volunteer, the coaches will be in charge of the session and the music.
10. The monitor will enforce all rules and regulations. Monitors may remove any skater from the ice or deny any skater access to the ice. Be mindful that the monitors are volunteers and therefore, must be treated with respect and courtesy regardless of the situation.

### Skater Etiquette

11. Proper skating attire is required on Club ice. No street clothes or hockey skates, sticks or pucks. No clothes that will leave things on the ice such as glitter or sequins.
12. When skating a program, the coach and the skater must ensure the skater is wearing the “right of way” sash.

13. Skaters must keep moving unless receiving instructions from a coach; those wishing to talk must get off the ice to do so.
14. Skaters must look both ways when entering the ice.
15. Get up immediately after falling
16. Avoid following (shadowing) other skaters skating a program.
17. Chewing gum, eating, or drinking will not be permitted on the ice. Drinking from water bottles placed on the barrier is acceptable as long as it does not interfere with skaters on the ice.
18. Profanity, derogatory comments, or intentional physical contact are prohibited and will not be tolerated and will be subject to disciplinary review.
19. The bleachers should be used to observe skaters. **ONLY SKATERS, MONITORS, AND COACHES ARE ALLOWED IN THE HOCKEY BOX DURING CLUB SESSIONS.** All others will be asked to leave.

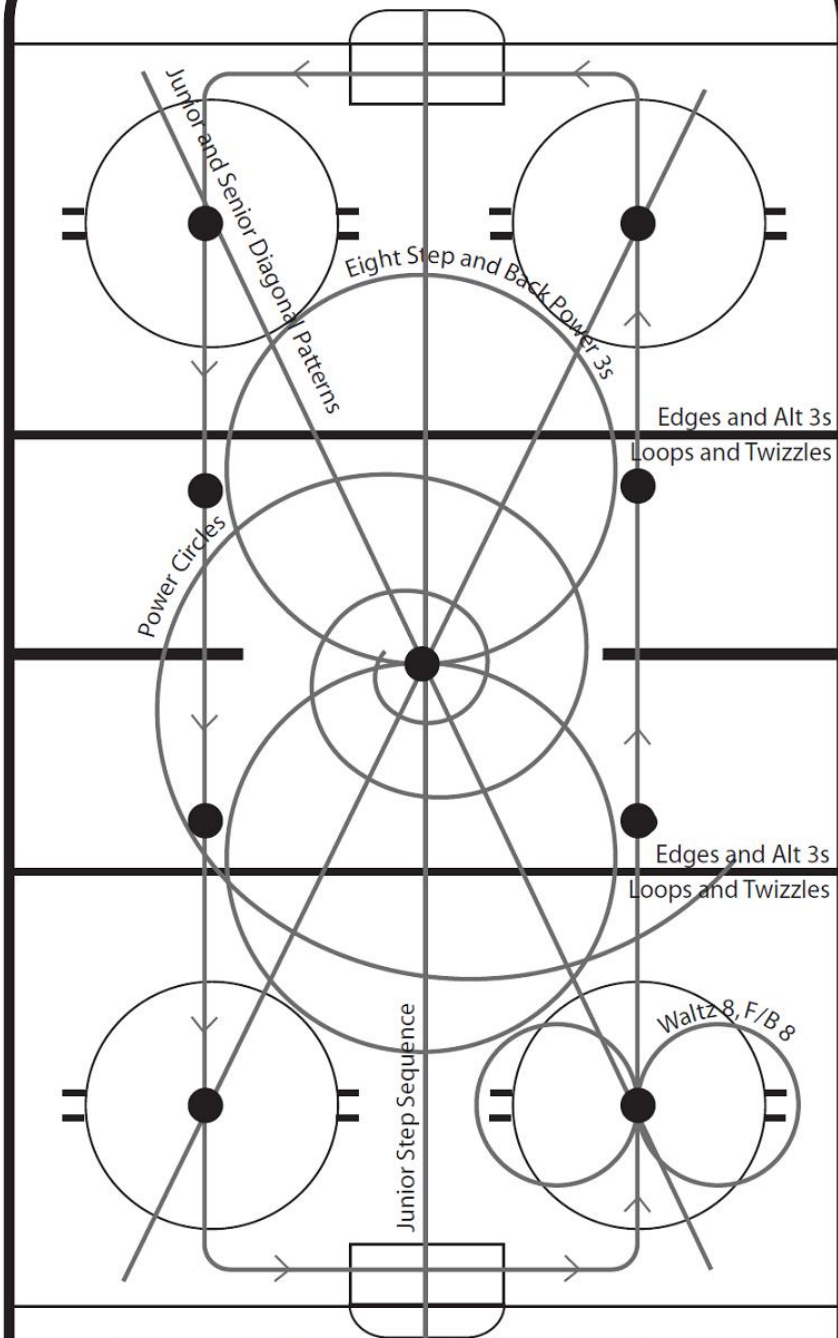
#### **Skating Guidelines**

20. A maximum of 20 skaters will be permitted on the ice during a session.
21. The following priority should be followed regarding right of way:
  1. Skaters wearing "right of way" sash performing to music (played by monitor) over the ice.
  2. Skaters in a lesson with a coach.
  3. All other skating.
22. Coaches and skaters should not monopolize certain areas of the ice, especially the center and end landing zones.
23. Skaters should use common sense and courtesy to avoid collisions or startling another skater.
24. The first five minutes of any session should be used for warming-up.
25. Program music will be played in the order in which they are turned in to the monitor (or coach in monitor's absence). The monitor (or coach in monitor's absence) will announce who is up to skate their program, and who is on deck to skate their program. If time allows, a program may be played a second time after all other CDs have been played. A **right of way sash** will be available and is to be worn by the skater performing a program so others can recognize the skater performing a program.
26. A coach may request that a student's music be played out of order **one time** during that student's lesson. This rule does not apply if there are no others waiting to perform their program.
27. When practicing, skating maneuvers should be performed in these designated areas of the ice, except when a skater is practicing a program pattern (especially to music).

#### **Club Ice Priority (enforced by ice monitors)**

- Club ice contracts (up until 15 mins after club ice starts)
- full club member
- associate member
- visitor

## MIF and Dance Chart



All Dance Patterns and most of the MIF Patterns will move counter clockwise on the continuous axis.  
This chart does not represent all the MIF patterns.