



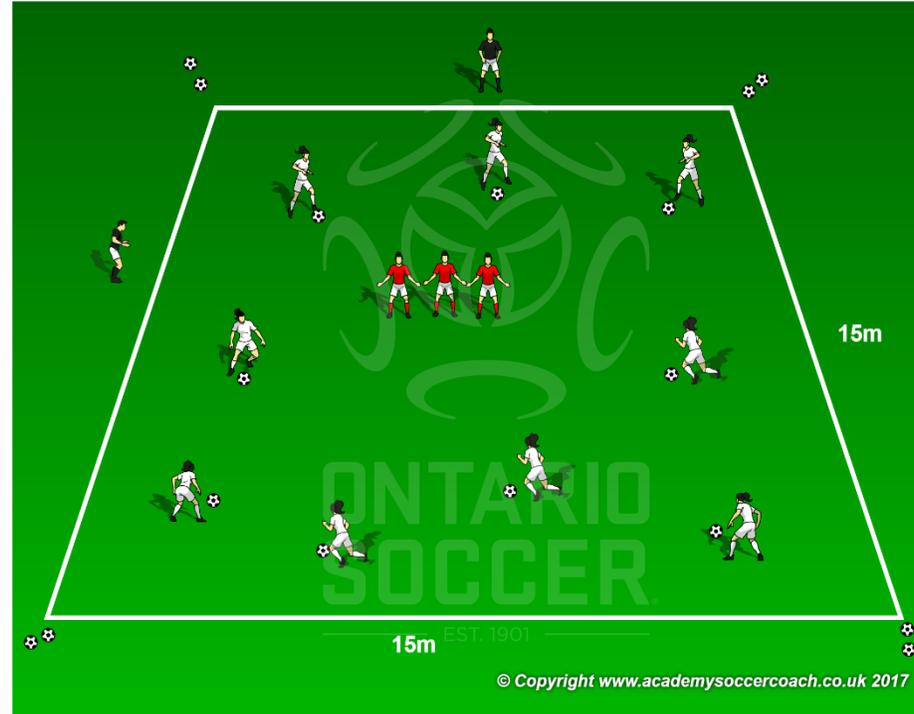
# FUNdamentals

## Analytical

### Build Up Tag



Organization
15 m x15 m, 9 players are placed inside the playing area with a ball. 3 players are placed in a different color without a ball.
Procedure
The players in red (taggers) will hold hands and work together to tag the players in white. Once the red players tag a white player, then the white player joins hands with the red players. When a white player dribbles out of play, then white player will join hands with the red players. Last player remaining with the ball in white wins. Coach can adjust space to make it more challenging for players.
Emphasis
Creating a safe environment, positive reinforcement, allow players to make decisions, demonstration of activity
Progression
Add soccer balls to allow players to dribble. Defending players (taggers) face alternate ways.



Timing	Area
9 Minutes	15 m x15m

Objective	
Players can identify space and move in to it	
Outcome	
All players: are able to find space and move away from the defenders Most players: are able to find space and move into it quickly Some players: are able to find space, change direction and move into it quickly using using both feet	
Technical / Tactical	Psychological
Dribbling Ball mastery Running with the ball	Confidence Awareness FUN
Socio - Emotional	Physical
Problem Solving Communicating Celebrating Teamwork	Agility Balance Co-ordination Change of Speed Change of Direction

**Top Tip** The most important focus at this age is the continued development of physical literacy and the recognition that individual technique development is paramount.

