

To ensure all athletes are given every opportunity to make the team that will best help them develop, the WAA program hires private evaluators to allow for a fair and unbiased tryout. The student-athletes from the University of Northwestern Baseball Program are given a criteria of skills to evaluate all athletes. The Tryout will go as follows:

**Saturday-**

Infield Stations: Ground balls

U10 – U12

6 Ground balls at shortstop throwing to 1B

6 Ground balls at 1B throwing to 2B (for first baseman or LH throwers)

U13 – U15

6 Ground balls at shortstop throwing to 1B

6 Ground balls at 1B throwing to 2B (for first baseman or LH throwers)

2 Double Play feeds at shortstop from 2B

2 Double Play feeds at shortstop to 2B

Outfield Stations: Fly Balls and Ground Balls

5 Fly balls in centerfield throwing to cutoff at 3B

5 Ground balls in center field throwing through to 3B (U10 – U12)

5 Ground balls in right field throwing through to 3B (U13 – U15)

Hitting Stations: Tee, Front Toss, Live

7 swings off a hitting tee

7 swings from a front toss at home plate

7 swings off live pitching (from an evaluator – from ~20-25 feet away)

Running: Timed

U10 – U11

40 yard dash

2B to home plate

U12 – U15

60 yard dash

2B to home plate

Pitching: Off of Mound

7 pitches at 10/11

9 pitches at 12/above

Catchers: Behind Plate

3 blocks

4 throws (3 to 2B, 1 to 3B)

2 bunt recoveries

**Sunday-**

The Sunday portion of the tryout is **NOT** evaluated but it **is mandatory**. This portion of the tryout allows coaches to see other skillsets of potential bubble players. We will allow coaches to take notes as they see players but they are not part of the overall evaluation score.

Sunday will consist of IF/OF drills. U13 – U15 could add situations to evaluate the player's baseball IQ.

Outfield (coaches hit; approximately 7 balls per player)

Fly balls with throws to 2B and 3B

Fly balls with throws to Home (both relayed through and cut to 2B or 3B)

Ground balls with throws to 2B and 3B

Ground balls (charging) with throws to Home

\* As time allows, players may get opportunity at 2 OF positions.

\* During OF drills, we will look for an IF's ability to be a cut-off, field short hops, and be in the correct cut-off position.

Infield (coaches hit; approximately 10-15 balls per player; catchers throws to bases included)

(U10/U11)

Ground balls hit at player, throws to 1B

Ground balls hit to forehand, throws to 1B

Ground balls hit to backhand, throws to 1B

Throws to bases from catchers

Slow hit ground balls, throws to 1B

(U12 - U15)

Ground balls hit at player, throws to 1B

Ground balls hit to forehand, throws to 1B

Ground balls hit to backhand, throws to 1B

Throws to bases from catchers

Slow hit ground balls, throws to 1B

Double Play ground balls

\*As time allows, players may get an opportunity at 2 IF positions.

Good luck and thank you for choosing WAA Baseball!

*Rich Orbell*