



About Spring Training

Spring Training is a five-week training camp offered to three and four year olds with birth dates between 9/1/14-4/1/16.

Participants will rotate through stations that will introduce them to the game of baseball and teach them fundamental skills.

Each participant will receive a t-shirt with his or her name. No additional equipment is required. All equipment is provided by the CKL. We use plastic balls and bats, so no gloves or helmets are necessary.

Registration is \$50 per participant through January 31 at www.columbiakhouryleague.com.

2019 Information

Where:

American Legion Memorial Park
375 E Locust St
Columbia, IL 62236

When:

The following Thursdays in 2019

April 25

May 2

May 9

May 16

May 23

May 30 (Rain Out 1)

June 6 (Rain Out 2)

Step Up To The Plate

Volunteers Needed

Volunteers are needed to help run stations. You will be asked to show the players how to participate in the drill you are assigned. All volunteers will be given instruction in advance. We would like teenagers or adults that can commit to participating in multiple dates. If you are interested in helping with the camp, please register as an Assistant Coach on your player's registration.

If you have questions, please contact Jessica Whaley at columbiakhouryleague@gmail.com.