

Winter Break Sports Camps



Girl's Fastpitch- Pitching and Catching Camp

Pitchers and catchers in grades 4-8 will develop their skills in this fun camp. Pitchers will work on drills to develop their form, accuracy and speed. Catchers will work on the fundamentals of blocking, framing, stance and throwing. The camp will be led by the Cooper High School coaching staff and players.

Course: 351400-A

Dates: Wednesday and Thursday December 27 and 28

Time: 10 a.m.-12 p.m.

Location: New Hope Community Gyms, 8230 47th Ave N
(north end of Cooper High)

Fee: \$36 Residents of New Hope, Crystal,
Golden Valley and Robbinsdale
\$43 Nonresidents



Volleyball Camp

Girls in grades 6-8, work on improving your volleyball skills over winter break! Serving, passing, hitting, digging and blocking will all be covered in this fast paced camp. The camp will be led by the Cooper High School coaching staff and players.

Course: 351301-A

Dates: Wednesday and Thursday, December 27 and 28

Time: 1-3 p.m.

Location: New Hope Community Gyms, 8230 -47th Ave N
(north end of Cooper High)

Fee: \$36 Residents of New Hope, Crystal, Golden Valley
and Robbinsdale
\$43 Nonresidents

Open Gym Basketball

Kids in Grades 3-8, are you looking for something to do during your winter break? The New Hope Community Gyms will be open for you to play pick-up games or just shoot some hoops. Please bring your own basketball.

Dates: Tuesdays, December 26 and January 2

Time: 1-3 p.m.

Location: New Hope Community Gyms
8230 -47th Ave N

Fee: \$2 at the door



Baseball Clinics

Get ready for spring baseball season! These camps, for ages 10-14, will help players develop their skills in hitting, catching, pitching and fielding. The camp will be led by the Armstrong High School baseball coaching staff and players.

Wednesday, January 3

- 351500-A Hitting Clinic, 9-10 a.m.
- 351500-B Hitting Clinic, 10:15-11:15 a.m.
- 351500-C Hitting Clinic, 11:30 a.m.-12:30 p.m.

Thursday, January 4

- 351500-D Catching Clinic, 9-10 a.m.
- 351500-E Pitching Clinic, 10:15-11:15 a.m.
- 351500-F Fielding Clinic, 11:30 a.m.-12:30 p.m.

Location: New Hope Community Gyms, 8230 47th Ave N
(north end of Cooper High)

Fee: \$18 Residents of New Hope, Crystal,
Golden Valley and Robbinsdale
\$25 Nonresidents



Register with: New Hope Parks and Recreation
4401 Xylon Ave N
New Hope, MN 55428

Phone: 763-531-5151

Refunds, program credits, or transfers are allowed up to one week before the start of the program. In the event of illness or injury, refunds may be given after the deadline. A doctor's written verification is required. All refunds are subject to a \$5 service fee. Confirmations are not sent. Payment by check authorizes the city to use information from your check to make a one-time electronic fund transfer from your account. Phone registrations accepted with a major credit card.

Online Registration...Go to www.ci.new-hope.mn.us and click on **Rec Express**.

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Participant Name _____ Phone (h) _____ (c) _____

Address _____ City _____ Zip _____

Birthdate _____ Grade _____ Sex (M or F) _____ Parent/Guardian _____

Does participant have a special need? _____ Email _____

Activity/Course _____ Date(s) _____ Time _____ Amount Enclosed \$ _____

I, the undersigned parent or guardian, authorize the City of New Hope to disclose to the City's insurer, attorney, staff, coaches, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity. I further give consent for any photos or videos taken during the program to be used by the City for promotional materials.

Parent/Guardian Signature _____ Date _____

Am Ex/Discover/MC/Visa _____ Exp Date _____ Security Code _____