

# Maine Field Hockey Academy Camp

## TENTATIVE CAMPER Daily Schedule

### July 27-29, 2017

**Finalized scheduled will be distributed to campers at camp check- in**

#### **Friday - July 27th**

8:30am-10:00am	Check in Campers
10:15am	Camp Welcome Meeting- Stands at the field
10:30-12:00pm	MFHA Circuit with 11v11 Teams
12:00-1:00pm	Lunch
1:45pm	Attendance @ Dorm/Walk to field
2:00-4:30pm	Tactical small Games/Skills
4:30-5:30pm	Dinner
6:15pm	Attendance @ Dorm/Walk to field
6:30-8:30pm	11v11 play/Team Building Activity
	Clear field/field clean up/Walk to dorms
	Camp Store Available/Pizza Pick Up
9:45pm/10:00pm	Bed Check/Lights Out

#### **Saturday - July 28th**

7:00-8:30am	Breakfast
8:45am	Attendance @ Dorm/Walk to field
9:00-11:00am	Educational Team Tactics/Skills Station
11:30-12:30pm	Lunch
1:45pm	Attendance @ Dorm/Walk to field
2:00-4:00pm	Tactical Small Games/Team Building Activity
4:30-5:30pm	Dinner
6:15pm	Attendance @ Dorm/Walk to field
6:30pm-8:30pm	11v11 Games
	Camp Store Available/Pizza Pick Up
9:45pm/10:00pm	Bed Check/Lights Out

#### **Sunday - July 29th**

7:00-8:30am	Breakfast
8:45am	Attendance @ Dorm/Walk to field
9:00-11:00am	MFHA Circuit/Tactical Skills Station
11:30-12:30pm	Lunch
1:45pm	Attendance @ Dorm/Walk with coach to session
2:00- 4:00pm	Sport Psychology/Video/Team Building/Specialized Skills
4:30-5:30pm	Dinner & Team Activity- All Teams
6:30pm-8:00pm	11v11 Game Play
8:30pm	Closing Ceremonies
	Checkout for Residents at Dorms/Commuters available for pickup @ field

**\* Commuters- Arrive in the morning for breakfast/attendance at dorm, Picked up @ night @ fields \***

**Important Cell Numbers:  
Head Coach Terwilliger (812) 929-1280**