



USA GYMNASTICS®

Louisiana

Louisiana State Team Policies 2017-2018

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State Team Program Coordinator

Preface

The Louisiana State Team program is exemplified by the Region 3 Elite Team program. The Louisiana State Team is designed to enhance coaches education, as well as identify talented athletes and develop these athletes to compete in Future Star Nationals and Junior Elite competitions.

In most cases, the policies stated by the National Team Program, and Region III Team Program, have been adopted in this manual. Most policies are similar however there are some that relate specifically to Louisiana.

This manual provides the Louisiana Coaching Staff and Coaching Community a working document that helps to communicate the Louisiana State Team Program. It is refined and updated as needed to reflect the needs for Louisiana.

Mission Statement

The mission of the Louisiana State team is to help identify, provide, and facilitate both training and education for coaches and athletes that have demonstrated promising ability at State Championships and Future Stars events.

State Team Objectives

The State Team objectives are both educationally general and specific. These relate to the following areas.

- Facilitate coaches education
- Monitor and evaluate athletes abilities
- Assist coaches with specific needs
- Administer any and all State Team camps and clinics
- Conduct and provide educational opportunities through training camps, workshops, and clinics
- Provide strategic direction and recommendations for Louisiana

State Team Coaches and Athletes

State Team Athletes are required to have a coach attend all clinics when the State Team meets. If coaches are not willing/able to attend clinics, the athlete(s) spot will be given to the next appropriate athlete.

State Team Board

Name and Position

James Clement
State Director

Greg Grillot
State Team Coordinator

Contact Info

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Camp Cost

Athletes that are chosen for the State Team will pay \$30 for the State Team Camp. Camp will be run Saturday afternoon and Sunday morning at the host facility.

The facility will be chosen at the State Coaches Meeting before State Championships.

State Team Qualification Procedures

For an athlete to qualify for the State Team, they must accomplish a minimum score and placement at State Championships, or, have qualified to Future Star Nationals. Below is the level by level qualification procedures.

Level 4

Ages 6 year-old

Must place in the top 3 at State Championships in Division 1

Must have scored a minimum of 57.0

Level 4

Ages 7 year-old

Must place in the top 3 at State Championships in Division 1

Must have a minimum score of a 57.0

Level 5

Ages 7-8 year-old

Must place in the top 3 at State Championships in Division 1

Must have a minimum score of 57.0

Level 5

Ages 9 year-old

Must place in the top 3 at State Championships in Division 1

Must have a minimum score of 57.0

Level 6

Ages 8-9 year-old

Must place in the top 3 at State Championships in Division 1

Must have a minimum score of (Score will be determined prior to State Championships)

Level 7

Ages 10-11 year-old

Must place in the top 3 at State Championships in Division 1

Must have a minimum score of (Score will be determined prior to State Championships)

Must have qualified to Future Star Nationals at any age group.

If athletes in an age group do not make the required score, the selection committee has the ability to select athletes in other age groups and levels to fill the vacant spots.

**** If the coach is not present for the Clinics or Practices, the athlete(s) will not be allowed to be on the team. ****

2 Camp System

Louisiana State Team will meet twice after State Championships.

- State Team Camp
 - This camp will be held at the end of May, before the start of summer. This camp will be solely focused on athlete and coach development. And preparing the athletes for Future Stars competition.
- State Clinic
 - This camp will be held at the end of July, before the start of fall/school schedules. This camp will focus on two key aspects.
 - To test the state team boys on their Future Stars training.
 - To test the team on their next level of development.

At the end of each day of camp, there will be a strength test for each level of athlete. The test will be sent out at the beginning of the season, so athletes and coaches will know ahead of time what they will be required to do.

Strength Test Requirements

- Coaches will be emailed dates for strength tests
- Coaches will test athletes at gym based on provisions made at camps
- Coaches must submit test prior to or by given date and emailed to Team Coordinator

**** If the coaches do not submit a strength test, their athlete(s) will not be allowed on the State Team ****

The only exception to this rule is,

1. The athlete has been injured and cannot participate