

twin city  
**TWISTERS**  
GYMNASTICS

Twin City Twisters is an established gymnastics program that opened in 1987. TCT has produced 2 Team USA World Championship Team members, countless national team members, many earning full ride division 1 college scholarships and many individual and team state, regional and national titles. Our facility offers in-ground trampolines, foam pits, in-ground tumble track and tumbling areas with soft surface landings.

Our fun, enthusiastic, creative camp staff has many years of experience.



Camp coaches have trained all ages, preschool through advanced levels.

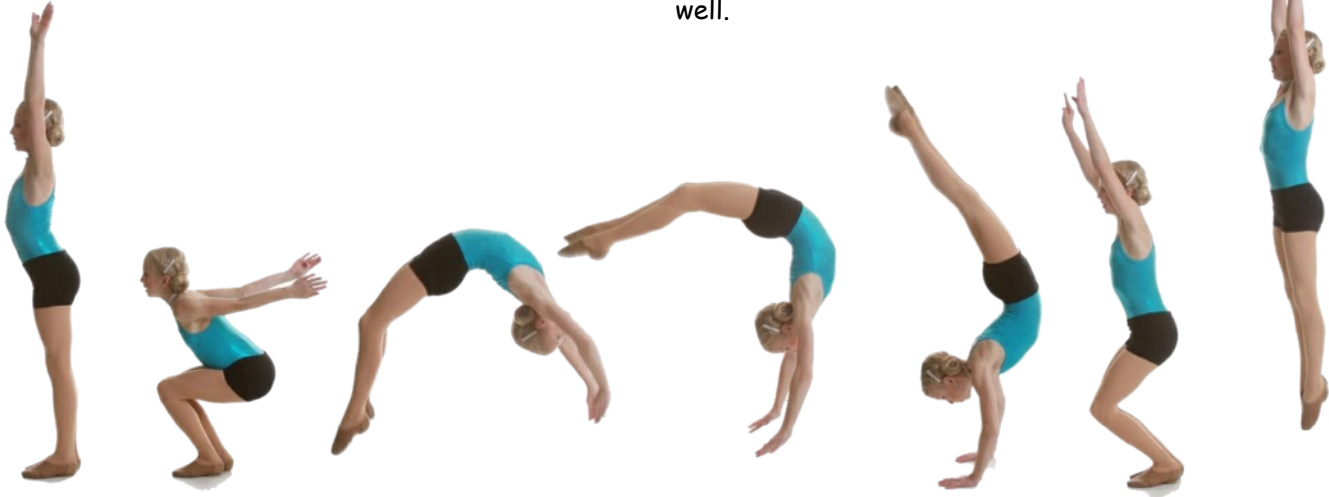


Several camp weeks are available during summer 2019. Each week of camp will be 2 days practicing 2 hours each day. This camp is for boys and girls ages 6 to 15 years.

**Tumble for  
Cheer & Dance  
Camp**



**Twin City  
Twisters  
Gymnastics**



## Available Weeks

June 25 & 27, 2019  
9:00AM-11:00AM

July 23 & 25, 2019  
9:00AM-11:00AM

August 20 & 22, 2019  
9:00AM-11:00AM

## Camp Location

All summer camps will be held at our new facility in Brooklyn Park: 10351 Xylon Ave. N. Suite 140.  
Access is off Winnetka and Oxbow Creek Dr.

## Registration Deadline

Registrations will be accepted up to the Wednesday prior to the camp or until it's full.



## The Camp

The cheer and dance tumbling workout will include structured equipment use designed to promote specific skill development.

This is an excellent opportunity for dancers and cheerleaders to learn or improve gymnastics skills for their routines. The camp coach will utilize not only the floor, trampolines and tumble track, but will use the barrels, different matting, pac mans and foam pits as well.

TCT 2019  
Tumble  
Camp

Please check  
the week you'd  
like to come

— June 25 & 27  
9:00AM-11:00AM

— July 23 & 25  
9:00AM-11:00AM

— August 20 & 22  
9:00AM-11:00AM

Name \_\_\_\_\_ Gender: M F Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Address \_\_\_\_\_ Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home phone (\_\_\_\_) \_\_\_\_\_ Cel phone (\_\_\_\_) \_\_\_\_\_  
 Parent(s) name \_\_\_\_\_  
 In case of emergency contact: \_\_\_\_\_ phone # (\_\_\_\_) \_\_\_\_\_  
 Insurance Company \_\_\_\_\_

Camp Cost: \$45/week

Payable by: Cash / Check / Credit card

Card Type: Visa / MasterCard / Discover

Name on card: \_\_\_\_\_

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Billing zip code \_\_\_\_\_  
 (prices subject to change)

Email: \_\_\_\_\_

Parent Permission: (must be filled out and signed before first class)

\_\_\_\_\_ has my permission to participate in a gymnastics class/field trip at Twin City Twisters Gymnastics. I am aware that there are risks involved and that serious injury, and even death may result with improper conduct of this activity. I have instructed my child to follow directions.

I give permission to Twin City Twisters Gymnastics and/or an appropriate medical facility to make whatever emergency (e.g. first aid, disaster evacuation) measures as judged necessary for the care and protection of my child while under the supervision of Twin City Twisters Gymnastics. In case of a medical emergency, I understand that my child will be transported to an appropriate medical facility by the local emergency unit for treatment if the local emergency resource (Police, Rescue Squad) deems it necessary. The child will be transported at my expense. It is understood that in some medical situations, the staff will need to contact the local emergency resource before the parent, child's physician, and/or other adult acting on a parent's behalf.

I fully disclaim, waive, and discharge Twin City Twisters Gymnastics, their instructors, and directors from all claims with regard to any personal injury that may be incurred by my child during this class.

My child is in good physical health, and there are no medical conditions which would limit his/her participation in class.

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Mail or drop off at: Twin City Twisters, 9001 - 123rd Ave. N., Champlin, MN 55316, p. 763-421-3046 f. 763-421-1448