

PACER WRESTLING NEWS - WEEK OF FEBRUARY 5

Thanks to everyone for making our Pacer Premier tournament a success! Our volunteers really made a difference in giving us a tournament that lots of our guests complimented us on.

Congratulations:

Champions:

Lucas Schevikhoven - 120 pounds

Jack Schilling - 145 pounds

Max Schilling - 160 pounds

2nd team:

Ben Schimanski - 113 pounds

Practice Schedule

Monday - 3:12-5:25

Tuesday - 3:12-5:25 **with study hall (3:10-3:45)**

Wednesday - 3:12-5:00

Thursday - 3:12-5:25

Friday - 9:00-11:15 AM Practice (A Night to Shine is setting up. This may change - watch for announcements.)

Saturday - **Regional Tournament at East Troy** - Load bus 7:20 AM, weigh in 8:30, wrestle 10:00 AM

JV Wrestlers:

Most likely, Saturday was the last competition for our JV wrestlers. JV wrestlers should plan on coming to practice this week. They will have the opportunity to:

- Wrestle off for a varsity spot.
- Support our varsity wrestlers as they prepare for regionals.
- Continue to learn to become a better wrestler looking forward to next year.
- Participate in end-of-year evaluation activities to help prepare for our next season.
- Be prepared to step in in the event that a varsity wrestler cannot compete for unforeseen reasons.
- JV wrestlers should turn in uniforms and warm-ups to managers this week.

Note on weather conditions:

- If school is cancelled due to weather, all competitions and practices for the day are also automatically cancelled/postponed.
- Saturday tournaments are usually not cancelled due to weather unless it is very extreme- they cannot really be made up. If I find out the morning of the tournament that it has been cancelled, I will send out an email to this list as soon as I can.

Regionals

Location: East Troy High School - 3128 Graydon Ave, East Troy, WI 53120

Transportation: Load van/carpool at school 7:20 - Arrive by 8:15 AM --- Weigh in: 8:30 AM --- Wrestle: 10:00 AM

We do not have a bus driver, so most wrestlers are driving directly to East Troy. They should plan to arrive there by 8:15 AM for the 8:30 weigh-in.

We will have a van or car driven by one of the coaches that will load at school at 7:20 AM (unless other arrangements are made).

Upon arrival, please enter the school through the back door (number 10).

JV Wrestlers who want to come will have to pay a \$6 admission fee, so please be prepared.

This is the beginning of our postseason. The top two wrestlers from each weight class get to move on to sectionals. If they haven't wrestled yet, the 3rd place wrestler gets to challenge the 2nd place wrestler for the opportunity to move on to sectionals. The first place team also gets to move on to "team sectionals" and wrestle a dual meet against another regional champion.

Teams: Big Foot/Williams Bay, Catholic Memorial, Delavan-Darien, East Troy, Martin Luther, Shoreland Lutheran, Whitewater