



2018 Pink Ribbon Invitational  
 UMKC Swinney Recreational Center  
 5030 Holmes, KC, MO 64110

Friday, March 2, 2018			
GYM A		GYM B	GYM C
Session 1A - Level 6 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:45am Competition Individual Awards Immediately Follow Team Awards at end of Session 2A  Dynamo, Hopes & Dreams, JAG, KGDC Mercury, MEGA, NW YMCA		Session 1B - Level 8 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:45am Competition Individual Awards Immediately Follow Team Awards at end of Session 2B  Aspire, Diamond, Dynamo, Hopes&Dreams, JAG KGDC, McCrackens, Mercury, NW YMCA, Omega, Pinnacle, Flame	
Session 2A - Level 6 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:45am Competition Individual and Team Awards Immediately Follow  Dynamo, Hopes & Dreams, JAG, KGDC Mercury, MEGA, NW YMCA		Session 2B - Level 8 Noon Open Stretch 12:20pm Introductions 12:30pm Warm-up 1st Event 12:45pm Competition Individual and Team Awards Immediately Follow  Aspire, Bellers, Diamond, Dynamo, JAG, KGDC, MEGA Evolution, Emerald City, Hopes&Dreams, Integrity McCrackens, Mercury, NW YMCA, Omega, Pinnacle	
Session 3A - Levels 9 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:45pm Competition Individual and Team Awards Immediately Follow  All level 9 teams		Session 3B - Level 6 4:00pm Open Stretch 4:20pm Introductions 4:30pm Warm-up 1st Event 4:45pm Competition Individual and Team Awards Immediately Follow  360, Aspire, Bellers, Diamond, KC Elite, Integrity CAGE, Emerald City, Evolution, Manhattan, Pinnacle	
Session 4A - Levels 10 6:00pm Open Stretch 6:20pm Introductions 6:30pm Warm-up 1st Event 6:45pm Competition Individual and Team Awards Immediately Follow  All level 10 teams		Session 4B - Level 7 7:00pm Open Stretch 7:20pm Introductions 7:30pm Warm-up 1st Event 7:45pm Competition Individual and Team Awards Immediately Follow  Aspire, CAGE, Emerald City, Evolution, JAG Hopes & Dreams, Intergrity, MEGA, NW YMCA	



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Saturday, March 3, 2018		
GYM A	GYM B	GYM C
Session 5A - Level 7 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:45am Competition Individual Awards Immediately Follow Team Awards at end of Session 6A  Diamond, Dynamo, KGDC, McCracken's Mercury, Omega, Pinnacle	Session 5B - Level 4 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:40am Competition Individual and Team Awards Immediately Follow  Bryd's, Diamond, Emerald City, Integrity KC Elite, Manhattan, MEGA, NW YMCA	Session 1C - Level 3 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:40am Competition Individual Awards Immediately Follow Team Awards at end of Session 2C  Aspire, Dynamo, KC Elite McCracken's, Pinnacle
Session 6A - Level 7 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:45am Competition Individual and Team Awards Immediately Follow  Diamond, Dynamo, KGDC, McCracken's Mercury, Omega, Pinnacle	Session 6B - Level 4 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:40am Competition Individual Awards Immediately Follow Team Awards at end of Session 7B  Aspire, Beller's, CAGE, Dynamo, JAG, KGDC, McCracken's, Pinnacle	Session 2C - Level 3 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:40am Competition Individual and Team Awards Immediately Follow  Aspire, Dynamo, KC Elite McCracken's, Pinnacle
Session 7A - Level 5 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:40pm Competition Individual and Team Awards Immediately Follow  All Level 5 Teams	Session 7B - Level 4 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:40pm Competition Individual and Team Awards Immediately Follow  Aspire, Beller's, CAGE, Dynamo, JAG, KGDC, McCracken's, Pinnacle	Session 3C - Level 3 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:40pm Competition Individual Awards Immediately Follow Team Awards at end of Session 4C  Bryd's, JAG, KGDC, Manhattan, MEGA
Level 8, 9, 10 Finals 6:00pm Open Stretch 6:30pm Introductions 7:00pm Warm-up 7:15pm Competition  Awards Immediately Follow		Session 4C - Level 3 5:00pm Open Stretch 5:20pm Introductions 5:30pm Warm-up 1st Event 5:40pm Competition Individual and Team Awards Immediately Follow  Bryd's, JAG, KGDC, Manhattan, MEGA



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Sunday, March 4, 2018		
GYM A	GYM B	GYM C
Session 8A - Xcel Platinum and Diamond 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:45am Competition Individual and Team Awards Immediately Follow  All Platinum and Diamond Teams	Session 8B - Xcel Silver 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:40am Competition Individual and Team Awards Immediately Follow  360, CAGE, Integrity, JAG, KC Elite, Manhattan, Mercury	Session 5C - Level 3 8:00am Open Stretch 8:20am Introductions 8:30am Warm-up 1st Event 8:40am Competition Individual and Team Awards Immediately Follow  Beller's, CAGE, Diamond, Emerald City
Session 9A - Xcel Silver 1:00pm Open Stretch 1:20pm Introductions 1:30pm Warm-up 1st Event 1:40pm Competition Individual Awards Immediately Follow Team Awards at end of Session 11A  Diamond, Emerald City, KGDC, Pinnacle	Session 9B - Xcel Gold 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:40am Competition Individual Awards Immediately Follow Team Awards at end of Session 10B  CAGE, Diamond, Emerald City, Evolution JAG, KC Elite, KGDC, Pinnacle	Session 6C - Xcel Bronze 11:00am Open Stretch 11:20am Introductions 11:30am Warm-up 1st Event 11:40am Competition Individual Awards Immediately Follow Team Awards at end of Session 7C  CAGE, JAG, KGDC, Manhattan, Pinnacle
Session 10A - Xcel Silver 4:00pm Open Stretch 4:20pm Introductions 4:30pm Warm-up 1st Event 4:40pm Competition Individual and Team Awards Immediately Follow  Diamond, Emerald City, KGDC, Pinnacle	Session 10B - Xcel Gold 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:40pm Competition Individual and Team Awards Immediately Follow  CAGE, Diamond, Emerald City, Evolution JAG, KC Elite, KGDC, Pinnacle	Session 7C - Xcel Bronze 2:00pm Open Stretch 2:20pm Introductions 2:30pm Warm-up 1st Event 2:40pm Competition Individual and Team Awards Immediately Follow  CAGE, JAG, KGDC, Manhattan, Pinnacle
	Session 11B - Xcel Gold 6:00pm Open Stretch 6:20pm Introductions 6:30pm Warm-up 1st Event 6:40pm Competition Individual and Team Awards Immediately Follow  360, Integrity, McCracken's, Mercury, MEGA	Session 8C - Xcel Bronze 5:00pm Open Stretch 5:20pm Introductions 5:30pm Warm-up 1st Event 5:40pm Competition Individual and Team Awards Immediately Follow  360, Diamond, Integrity, KC Elite