

How to Watch a Wrestling Match

Updated January 31, 2014

Matches consist of 2 – 3 minute periods scored cumulatively into next period and will continue unless of Technical Superiority or a Pin (Fall).

HOW TO WIN A MATCH

Fall/Pin – wrestler wins when opponents' shoulder blades simultaneously touch the mat.

Technical Superiority – wrestler wins with a margin of 10 points (ie: 10-0, 11-1, 12-2, etc...)

Decision – wrestler wins after time has expired and has more points.

Tie-Breaking criteria – Technical Points > Cautions > last point scored.

SCORING

2 Points – Takedown/to position of Control

2 Points – Exposure (exposing/tilting opponents back past 90 degrees)

4 Points – Throw /Takedown(from standing to back)

1 Point – Reversal wrestler reverses from a ground (par-terre or defensive position) to a control position.

1 Point – point awarded when opponent is turned/exposed but keeps hands on mat.

****Passivity** – May be called by referee at any time or if score is 0-0 at end of first period. If there is a passive wrestler (no offense) he can be called for "passivity" and he must score during a "30 second activity period" He must score a point during that time.

****Note:** if passive wrestler does not score then he receives a caution and opponent gets a point.



Provincial Wrestling Championships 2018

Friday March 9

Saturday March 10

MOUNT ROYAL COLLEGIATE, Saskatoon



Attendance at this event entitles you to enjoy an exhibition of skills developed by student athletes in an educational setting.

Please be RESPECTFUL and ENCOURAGING in your approach to ALL athletes, officials, coaches and fellow spectators.

BE A FAN...NOT A FANATIC!

2018 Male Wrestlers

41 kg
Dallas Akre Warman HS
Noah Zimroz O'Neill
Reese Drydale Winston Knoll
Mason Bence Centennial
Abdalazim Malik Aden Bowman
Sirius Raycraft Tommy Douglas
Trey London Evan Hardy

44 kg
Colby Thomas St. Mary HS
Tony Anonas O'Neill
Jiawei Fu Evan Hardy
Devan Connoly Holy Cross
Marcus Jepsen Marion Graham
Noah Kolosajaji Bishop Mahoney

47 kg
Donovan Neudorf St. Mary HS
Orion Craig Jonas Samson Jr.HS
EJ Cruz Balfour
Logan Bohle Aden Bowman
George Somers Evan Hardy
Rhett Bernard Tommy Douglas
Noah Dangor Centennial

50 kg
Brendyn Bellegarde St. Mary HS
Kai Na Johnson
Alex Trinidad Sheldon-Williams
Ethan Zurbrg Campbell
Tyler Runns Johnson
Eric Iptasi E.D. Feehan
Damyen Reid Holy Cross
John France Alsol Bethlehem
Esrom Mehari E.D. Feehan

53 kg
Colt Cornelson Swift Current CHS
Kordin Gould O'Neill
Iman Behesti Martin
Matthew Dishington Winston Knoll
Seungwon Lee Thom
Brett McGunigal Holy Cross
Riley Icton Evan Hardy
Ethan Sutherland Mount Royal
Jace Mowles Walter Murray

56 kg
Drake Buechler Warman HS
Justin Wiens A.E. Peacock CI
Joey Kalmakof St. Mary HS
Darian Thomas McLurg HS
Kungu Fariala Balfour
Ky Vo Campbell
Garren Estioco O'Neill
Joey Lein O'Neill
Blake Davis Holy Cross
Noah Klitch Walter Murray
Marc Maligalig E.D. Feehan
Mason Loeffler St. Joseph

59 kg
Kyle Yamniuk A.E. Peacock CI
Eric Fleming Weyburn CS
Gabriel Regnier Carpenter HS
Josh Jensen St. Mary HS
Nate Tymchak Johnson
Simon Uleryk O'Neill
Tylan Mushanski Martin
Paul Hotomani Balfour
Aidan Akhtar Centennial
Zach Lyons Tommy Douglas
Franco Paul Holy Cross
Zane Asmundson Centennial

62 kg
Parker Vandale-Niccolls Carpenter HS
Chase Kirkland-Bennett Warman HS
Zach Gehl Esterhazy HS
Austin Leblanc Weyburn CS
Isaac Parker LeBoldus
Theo Dieter Martin
Keegan Gibbs Balfour
Dade Grymaloski Winston Knoll
Maxwell Meekins Holy Cross
Gabe Bandet Tommy Douglas
Henry Pelltier Aden Bowman
Brayden Shore Centennial

65 kg
Luke Nelson Swift Current CHS
Nyk Silcox Carrot River High School
Tristan Kuntz A.E. Peacock CI
Cody Barden Carpenter HS
Nicholas Zimroz O'Neill
Sebastian Bosh LeBoldus
Nate Vatamanuk Johnson
Ryan Macauley Campbell
Gordon Laing Holy Cross
Simon Durand Evan Hardy
Malek Abraham E.D. Feehan
Austin Smith Aden Bowman

69 kg
Cole Sanderson St. Mary HS
Dylan Yamniuk A.E. Peacock CI
Maguire Lee Hapnot C
Ethan La Rose A.E. Peacock CI
Vlad Batko Winston Knoll
Trenton Wilhelm Winston Knoll
Mosiah Osaseri Campbell
Aiden McMartin Winston Knoll
Owen Gustafson Evan Hardy
Anthony Olver Holy Cross
Nathan Lukan Evan Hardy
Jaxon Greva Holy Cross

73 kg
Sebastien Marchand Swift Current CHS
Elijah McPherson Carlton CHS
Logan Boser Carpenter HS
Chad Bannerman St. Mary HS
Ahswin Karunakaran Campbell
Brayden Angus Winston Knoll
Josh Mellnick Thom
Lucas Neithercut Miller
Brayden Janes Holy Cross
Brayden Migneault Tommy Douglas
Mike Yong Evan Hardy
Obadiah Arthurs Bethlehem

77 kg
Conley McLeod St. Mary HS
Emmett Guider Swift Current CHS
Manny Halbgewachs Gordon F Kells HS
Austin Martiniuk Warman HS
Michael Ratcliffe O'Neill
Emerson George Balfour
Mason Nikbakht Walter Murray
Ian Finstad Marion Graham
Jonathan Gariepy Tommy Douglas
Miguel Raymond Marion Graham

82 kg
Carson Lee Hapnot C
Jon Huber McLurg HS
Josh Keller Swift Current CHS
Brayden Johnson Central CI
Jordan Stadnik Miller
Vyacheslav Nesterenko O'Neill
Luke Neufeldt Marion Graham
George Bobyn Holy Cross
Brayden Tiede Marion Graham
Daynton Bergeron Tommy Douglas

90 kg
Riley Richards Yorkton RHS
Jordan Stewart Yorkton RHS
Jayden Williams St. Mary HS
Jeff Pshyk Outlook HS
Connor McQuarrie LeBoldus
Aleks Eisler LeBoldus
Alex Kulira Miller
Noah Harden Johnson
Ekkapop Senyotkham Tommy Douglas
Owen McGillvray Evan Hardy
Ethan Condliff Holy Cross
Ben Guest Walter Murray

100 kg
Kurt Hoffman Yorkton RHS
Ken Mason St. Mary HS
Tavin Bear Carpenter HS
Marshal Fisher Stobart CHS
Myles Bellegarde Winston Knoll
Zack Seitz Martin
Rownak Chakma Johnson
Lane Telfer Miller
Brett Saulnier Aden Bowman
Parker Gerow St. Joseph
Tanner Cardell St. Joseph
Tyson Yee-Sellar Aden Bowman

115 kg
Zohaib Ashfaq Johnson
Dakota River Thom Collegiate
George Ren Centennial
Tyson Vandale E.D. Feehan
Cameron Stronski Tommy Douglas
Ashton Siemens E.D. Feehan

130 kg
Blake Michelle St. Mary HS
Jacob Ambroziak Carpenter HS
Draydin Cyr Notre Dame
Isaac Mohr Robert Southey School
Issak Kehler O'Neill
Jayvyn Luti LeBoldus
Alejandro Sich Balfour
Trevor Amebe Aden Bowman
Alex Lafreniere E.D. Feehan
Nicholas Wingerter Holy Cross

2018 Female Wrestlers

44 kg
Tanya Workman O'Neill
Bella Brown Centennial
Tanys Lesyshyn Walter Murray

47 kg
Danika Lalonde St. Mary HS
Kata Robinson Stobart CHS
Mimi Cabera O'Neill
Naw Hsa Poo Martin Collegiate
Hannah Hecker Evan Hardy
Millia Shiffman Walter Murray
Avril Franco Walter Murray
Anika Luty Centennial

50 kg
Natasha Wiebe Warman HS
Laci Lamers St. Mary HS
Hannah Slater Martin
Himashi Gunasinghe Miller
Sydney Dubois O'Neill
Jessa Tenebro LeBoldus
Molly Lindsay Walter Murray
Brooklyn Mcmillan Holy Cross
Sierra Lewis Bishop Mahoney
Alex Cloutier Holy Cross

53 kg
Margaret McDonald Churchill School
Shai Hyrniuk Carlton CHS
Katie Watson Eston Comp.
Eve Neithercut Miller
Gracie Anderson O'Neill
Kyna Nitoral O'Neill
Hannah Bihag Balfour
Abigail Dutchak Holy Cross
Channa Topping Evan Hardy
Brooke Martin Evan Hardy
Chrisha Inayat Holy Cross

56 kg
Miriam Shah Warman HS
Koralie Huber McLurg HS
Angela Aalbers Manor School
Skylar Barden Carpenter HS
Jenna Petryna O'Neill
Hannah Lee Winkler O'Neill
Amy Lalonde Evan Hardy
Emily Esterby Centennial
Ezrie Scott Walter Murray
Vienna O'Neill Holy Cross

60 kg
Aleah Nickel Swift Current CHS
Kierra McCoy Jonas Samson
Skyla Russell Carpenter HS
Chelsea Klein Maidstone HS
Paige Lekach LeBoldus
Cassidy Flaman Martin
Robyn Kirwan Miller
Mackenzie MacLeod Johnson
Emma Parker Walter Murray
Caitlyn Clatney Bishop Mahoney
Anna Gresty Holy Cross
Taylor Keller Holy Cross

64 kg
Savanna Russell Carpenter HS
Jayde DesRoches Churchill School
Rae Perrin Stobart CHS
Kiera Beauchesne Carlton CHS
Kiana Perron O'Neill
Jessica Whitehawk Martin
Erica Houde O'Neill
Ally Lenz Miller
Saige Evertman St. Joseph
Hannah Rajput Evan Hardy
Katherina Laverty Holy Cross
Shaele Young Holy Cross

68 kg
Kalyn Anderson Carlton CHS
Kassandra Loucks A.E. Peacock CI
Makena Ricard Weyburn CS
Serenity Desjarlais Carlton CHS
Serria Abraham Campbell
Aliyah Lerat Martin
Jazlyn Harper O'Neill
Allison Kuzub Centennial
Nada Adam E.D. Feehan
Alyssa Delorme Oskayak

73 kg
Samantha Paradis Carlton CHS
Kabri Sittler McLurg HS
Twyla Gamble Stobart CHS
Veronika Duchscherer L.P. Miller
Lillian Pinay Campbell
Breelin Gilzean O'Neill
Abby Wright Walter Murray
Jasmine Bowes Holy Cross
Desirae Giesbrecht Centennial
Alyssa Bagay Walter Murray

80 kg
Katelynne Hoffman Yorkton RHS
Maddison Bird Carlton CHS
Myra Szabo A.E. Peacock CI
Bree Anna Mckay St. Mary HS
Hannah MacLeod Johnson
Alyssa Mayes Johnson
Jazlyn Gill Winston Knoll
Jessica Francis Thom
Danaye Holynski Tommy Douglas
Kiara Willick Bishop Mahoney
Sydney Hiebert E.D. Feehan
Vivenea Kargbo E.D. Feehan

90 kg
Maggie Tiessen Carlton CHS
Shannon Spademan Carlton CHS
Josee Trzaskowski Carlton CHS
Elizabeth Villeneuve St. Mary HS
Heidi Gall O'Neill
Abigail Vavrik Walter Murray
Ariel Bernard Bedford Road
Angel Skipper Walter Murray

105 kg
Kasey Skalicky Carrot River HS
Leah Mason St. Mary HS
Jasmine Duclaux O'Neill
Sarah Kehler O'Neill
Kylie Murray E.D. Feehan
Maddie Brazeau E.D. Feehan