2018 Highland First Tee Junior Golf Program

The First Tee's 9 Core Values

HonestyIntegritySportsmanshipRespectConfidenceResponsibilityPerseveranceCourtesyJudgment

Kid Friendly Fun Golf Lessons, Camps, & Leagues (& Adult Lessons Get Ready Golf)

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How to Register for First Tee Class

Online registration available at **www.thefirstteetwincities.org**
Can Pay with Credit Card or Can Register online or can Register on-line then send in a check or can just mail in Registration Form. All Camps meet at the First Tee Sanford Learning Center at Highland National Driving Range (1403 Montreal Ave)

Print out registration form and mail or drop off with payment to:

The First Tee of Twin Cities
1403 Montreal Ave
St. Paul, MN 55116

Questions: Program Director Franco Zerna 651-315-5266, fzer0@hotmail.com

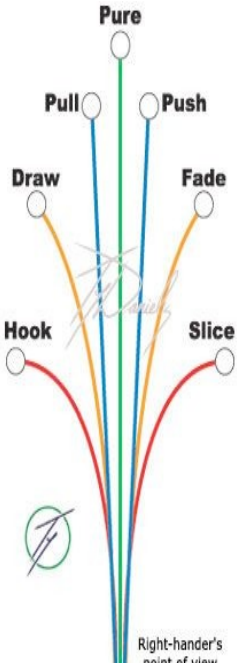
Program Director Franco Zerna & the late great Arnold Palmer who is a First Tee Trustee ➔

Confirmation – Are You In the Class/League: You will receive a confirmation email if you pay online, there will be no other confirmation notices sent. Consider yourself registered for the class if you do not hear from us, you only will be contacted (Email first, then phone) if the class is full or cancelled. **We want your juniors to attend Camps and Lessons, if they have conflicts with other activities they can make it up by attending other sessions. (Just talk with your teacher)**

Facebook: Free Clinics, Bad Weather/Cancellations & Promotions: Please " Like" us (The First Tee of Twin Cities at Highland)

No clubs? No problem! All golf equipment necessary for golf lessons can be provided to First Tee Participants. Juniors will have access to the driving range, practice putting green, and the golf course. (Some Classes, and Camps) Safety is stressed during all lessons. Thank you for your support and interest in our program. Also Scholarships available for kids that are in financial need,. Please talk with Program Director Franco for the next steps & forms)

GOLF SKILLS, CHARACTER EDUCATION & LIFE SKILLS



The First Tee Character Education and certification program curriculum offer various levels of golf and life skills to participants as young as age 4-5. (Tiny Tots) Participants then advance through the levels upon successfully completing the assessments. Recommended ages & an explanation of each level are listed below:

Tiny Tots (Ages 4-5) & Bogey (ages 5-8) The youngest golfers are introduced to the nine core values, golf fundamentals, etiquette and rules of golf in a safe environment that creates curiosity about the game.

PLAYer Leagues (ages 7-10, 11-14) Range Instruction and On Course Playing, playing the game of golf with special emphasis on The Code of Conduct, appreciating the rules and etiquette of the game and developing your game in golf and in life

Monday Leagues (Ages 7-9, 10-15) On the Golf Course Playing, no instruction.
Summer Golf Camps (Par and Birdie Level)
PAR recommended for ages 8+
Continues emphasis on the golf skills, etiquette and rules of golf while focusing on interpersonal communication and self-management skills

BIRDIE/EAGLE recommended for ages 10+
(Must complete Par or a Camp)

Mission Statement

The First Tee of Twin Cities is a non-profit 501(c)(3) organization, our mission is to impact the lives of young people by providing learning facilities and educational programs that promote character development and life-enhancing values through the game of golf.

Summer Junior Golf Camps:

Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing, and basic rules/etiquette. (*Sessions for all skill levels)* Core values taught are honesty, respect and **sportsmanship**. Life skills include how to introduce oneself, the importance of rules and respect in life, and staying cool on and off the golf course.
Golf Camps are longer than regular Classes and you sign up by age. Camps are four days & are 1.5, 2, 3 or 4 hours
We will provide snacks for most camps but during 4 hours camps, please bring a bag lunch for juniors.
There is a water fountain inside the Learning Center on the range, & please bring a water bottle. *Certain Thursdays during snack, a portion of the Financial Literacy Junior Class will be taught by PricewaterhouseCoopers. (PWC).* Camps include instruction, life skill's education, range balls, prizes and golf course access. (Longer Camps) **Clubs: Provided free for lessons if needed.**

-Age guidelines for camps: (Typically juniors are grouped by age. Ages 6-8, 9-11, 12-14)
-Ages 9 and older (2, 3 hour camps or full day camps)
-Ages 8 and younger (1.5 or 2 hour camps)

Days	Date	Time	Price	Session
Tues/Thur	5/1-5/10	4:30-6:00 pm	$99	Spring-1
Tues/Thur	5/15-5/24	4:30-6:00 pm	$99	Spring 2
T/W/Thu/F	6/12-6/15	8:30-10:30am	$109	Camp-1
T/W/Thu/F	6/12-6/15	11am-12:30 pm	$99	Camp 2
T/W/Thu/F	6/19-6/22	9 am-10:30 am	$99	Camp 3
T/W/Thu/F	6/19-6/22	1:00 -2:30 pm	$99	Camp 4
T/W/Thu/F	6/26-6/29	9 am -11:00am	$109	Camp 5
T/W/Thu/F	6/26-6/29	12 - 1:30 pm	$99	Camp 6
T/W/Thu/F	7/10-7/13	9:00-10:30am	$99	Camp 7
T/W/Thu/F	7/10-7/13	11:00am-1:00pm	$109	Camp 9
T/W/Thu/F	7/17-7/20	8:00am-12:00pm	$ 149	Camp 11
T/W/Thu/F	7/17-7/20	1pm-3pm	$109	Camp 13
T/W/Thu/F	7/24-7/27	9 am-12pm	$129	Camp 14
T/W/Thu/F	7/24-7/27	1:00-3:00 pm	$109	Camp 15
T/W/Thu/F	7/31-8/3	9 am-12pm	$129	Camp 17
T/W/Thu/F	7/31-8/3	1:30-3:00pm	$99	Camp 18
T/W/Thu/F	8/7-8/10	9 am-12pm	$129	Camp 19

T/W/Thu/F	8/7-8/10	1:00- 3:00 pm	$109	Camp 20
T/W/Thu/F	8/14-8/17	8:00am-12:00 pm	$149	Camp 21
T/W/Thu/F	8/14-8/17	1:00-2:30 pm	$99	Camp 22
Girls LPGA Camps ↓	(Description below in Brochure)			
T/W/Thu/F	6/19-6/22	10:30 am-12 pm	$89	Camp 5
Wednesdays	July 11-Aug 22, Aug 26* (9-hole Event/Party)	10-11am	$89	LPGA-A
Sundays	July 08-Aug 26*	5:30-6:30 pm	$89	LPGA-B
Sundays	July 08-Aug 26*	6:45-7:45 pm	$89	LPGA-C
Junior PLAYer Leagues↓	Description below in brochure			
Days	Date	Time	Price	Session #
Sundays	5/6-6/17 (No 5/27)	1-4pm	$149	PLAYer-A
Sundays (Par & Birdie Level)	7/08-8/26	1-4pm	$149	PLAYer-B
Sundays	9/09-10/21	1-4pm	$149	PLAYer-C

** Aug 26 Parent/Child 9 holes and Pizza or ice Cream after golf*

Fun Leagues: See Monday Highland 9 GC Junior 9 hole league (& 5 hole League) see below in brochure, thanks

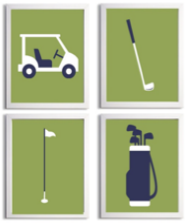
Online Credit Card Registration available www.thefirstteetwincities.org
Please print out the registration form mail to: The First Tee of Twin Cities, 1403 Montreal Ave St. Paul, MN 55116
Questions: Program Director Franco Zerna 651-315-5266, fzer0@hotmail.com

Tiny Tots $55 (Ages 4-5):

A wonderful class for young juniors to learn about the very basics of golf such as grip, stance & aim. We will be spending time on the putting green, chipping green and driving range, but most importantly we will be having lots of fun and learning some introductory life skills such as respect for the game of golf. Prizes are given for good behavior and for participating in contests. **One parent/Guardian attendance is mandatory the first lesson. Clubs available if needed.**

Days	Dates	Time	Session
Saturdays	6/2-6/23	12-12:30pm	TT1
M/T/W/Th	6/18-6/22	7:00-7:30pm	TT2
T/W/Thu/F	6/26-6/29	11:15 - 11:45 am	TT3
Saturdays	7/14-8/4	12-12:30pm	TT4
Tue & Thu	7/09-7/19	6:30-7:00pm	TT5
Saturdays	8/11-9/8 (No 9/1)	12-12:30pm	TT6
Saturdays	9/15-10/6	12-12:30pm	TT7

Bogey Level $70:



Beginner Level/Some Experience (Ages 5-6 & Ages 6-8) Introductory golf classes that emphasize fun! In these progressive classes, golf training focuses on the basics of grip, stance, posture, aim, putting, chipping, pitching, full swing (woods and irons) and basic rules/etiquette. Life Skills focuses on honesty, respect and sportsmanship. We will play fun games and drills to learn and enhance a desired golf motion, & an emphasis on fundamentals and fun. Range balls, prizes & clubs included.

Days	Dates	Time	Session#
Saturdays	4/28-5/19	10:00-10:55 am	B00
Tue & Thu	5/29-6/8	5-5:55pm	B01
Saturdays	6/2-6/23	11-11:55am	B02
T/W/Thu/F	6/12-6/15	4 - 4:55 pm	B03
T/W/Thu/F	6/19-6/22	12-12:55pm	B04
M/T/W/Th	6/18-6/21	6:00-6:55 pm	B05
Saturdays	7/07-7/28	11-11:55am	B06
Tue & Thu	7/10-7/19	5:30-6:25pm	B07
Saturdays	8/11-9/8	11-11:55am	B08
Saturdays	9/15-10/6	11-11:55am	B09

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Par Level 1 $70 (Ages 8-11) Par Level 2 $70(Ages 10-14):

A Little Experience (Par 1) & Intermediate Level(Par 2): Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing and basic rules/etiquette. Par Core Values taught are honesty, respect and sportsmanship. Life Skills include how to introduce oneself, the importance of rules and respect in life, staying cool on and off the golf course and how to maximize fun while learning something new. Juniors ages 8-9 will be put into Par Level 1, ages 10 plus will be put Par Level 2. Juniors receive golf prizes, bag tag, golf balls, range balls, tees, and golf clubs provided if needed.

Days	Dates	Time	Session#
Saturday	4/28-5/19	11am-12:00pm	P00
Saturdays	6/2-6/23	10-11 am	P01
T/W/Thu/F	6/12-6/15	3 -4 pm	P02
M/T/W/Th	6/18-6/21	7:30-8:30 pm	P03
Saturdays	7/07-7/28	10-11am	P04
Tue & Thu	7/10-7/19	7:05-8:05pm	P05
Saturdays	8/11-9/10	10-11am	P06
Saturdays	9/15-10/6	10-11am	P07

LPGA Girls Golf $89: (Ages 6-10 & 11-14):

A nationally recognized, wonderful program for girls interested in golf. The lessons include LPGA instruction, green fees, snacks, special events, prizes and range balls. Each player also receives a Hat, Bag Tag & LPGA tee's & golf balls if you fill out the LPGA Application. **Golf clubs provided if need.** On course access is provided during a few lessons. (The One-Hour Classes the last few lessons will be 2 hours, the instructor will provide a schedule)

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LPGA Girls Golf $89

Studies have consistently shown that when girls learn in a "girl-friendly" environment, they: Experience higher levels of engagement and participation, Are more comfortable learning and developing skills, have heightened confidence in their abilities for self-expression and communication & are more likely to engage in group activities.

Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing and basic rules/etiquette.

Day(s)	Date(s)	Time	Session#
Sundays	**July 8 –Aug 26***	**5:30-6:30pm**	**LPGA-A**
Wednesdays	**July 11-Aug 22, Aug 26***	**10-11am**	**LPGA-B**
Sundays	**July 8 -Aug 26***	**6:45-7:45 pm**	**LPGA-C**

**** Aug 26 Parent/Child 9 holes event with prizes/pizza after, Junior participant is free. Parents/siblings $10 fee covers green fee)***

Junior PLAYer Leagues $149 (Ages 9-11, 12-15)

Juniors will Play rounds on course & receive driving range instruction

The class includes instruction, multiple course access at Highland 9 Hole Course or Highland National Golf Course, range practice/instruction. Golf balls can be provided for use on the golf course. Coaches will help juniors with their golf game on the range as well as on the golf course. **Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & iron full swing, golf course management and basic rules/etiquette. Juniors will be grouped based on age and playing ability.**

Spring			
Days	**Date**	**Time**	**Session#**
Sundays	**5/6-6/17 (No 5/28)**	**1-4pm**	**PLAYer-A**
Summer			
Days	**Date**	**Time**	
Sundays	**7/08-8/26***	**1-4pm**	**PLAYer-B**
Fall			
Days	**Date**	**Time**	
Sundays	**9/09-10/21**	**1-4pm**	**PLAYer-C**

****Sunday Aug 26 Parent/Child 9 holes (Tee times Prizes & Pizza, parents/siblings $10 fee covers green fee) The Junior participant is free, Juniors from any Player session can play Aug 26 (sign up with instructor)***

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Monday Junior Leagues

Dates: June *10, 18, 25 July 9,16,23,30 Aug 6,13 *(No League July 2)*
Cost $119

- **Cub 5 Hole League (Ages 6 – 10) Tee-times from about 10:30am- 11:40pm Session #L21**
- **Shark 9 Hole League (Ages 7 – 14) Tee-times from 9-10:30am Session #L22**
- **Annika (Girls) 9 Hole League (Ages 7 – 14) Tee times from about 10:30-11:00am Session # L23**

Mandatory Orientation Sunday, June 10* from 4:00-6:30pm (Open House format – stop by First Tee Learning Center at the Highland Range (1403 Montreal Ave) for tee times, golf clubs buy/trade, range practice, free golf balls/tees/wrist bands, and sign the league agreement form)

The Junior League is played in an individual stroke play format. We emphasize having **fun** on the golf course while trying to improve your golf skills as well as respecting the golf course and other juniors, and the etiquette necessary to play a timely round of golf.

Juniors will receive a tee-time for the summer, which they can request a tee-time to play with other juniors. (Friends) Emphasis is placed on the rules of golf, having fun and the etiquette necessary to playa timely round of golf.
In August will have a free lunch provided for the juniors (Past 7 years its been Fat Lorenzo's Pizza)

A special set of tees will be placed to make some of the longer holes shorter.
Where: Highland 9 Hole Golf Course (1797 Edgecumbe Rd)
Dates: June *10, 18, 25 July 09,16,23,30 Aug 6, 13 *(No League July 2)*

TO HELP DETERMINE PICK -UP TIME :
Add about 2 hours from tee- time to p lay 9 ho les . For example , if a junior has a tee- time at 10:00 AM they should be done by a round 12:00 PM (Cub 5 hole League about 1 hour 10 minutes from Tee-time, extra volunteers needed for Cub League to walk with the juniors, if interested contact Franco Zerna (651) 315-5266 or fzer0@hotmail .com)

- **Deadline to register: June 6 *(League's participants are limited)***
- **Arrive at least 15 Minutes before your tee-time**
- **Fee's include all green fees, on course rangers, & prizes.**
- **No league make up rain dates, sorry (unless there is lighting we are usually playing**

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Birdie/Eagle Advanced **(Ages 10-13, 14-16): $149**

Birdie/Eagle Level classes address **more advanced golf techniques.** For ages 12-18, The golf training in these classes focuses on a solid foundation of fundamentals and builds on the long game, short game, swing plane, effective practice techniques, course management, swing aids, rules of golf and on course playing. Life Skills focuses on applying goal setting, honesty, respect and sportsmanship on and off the golf course. Eligible participants will be coached on mentoring and volunteering. This comprehensive class will meet in the summer. Dates can be modified based on juniors schedule; usually meet at the range, and then proceed to the golf course.

Participants in Birdie Class will also form a Junior Board Advisory, this advisory will help mentor, create ways to engage juniors, and a pply the Life Skills learned. Juniors that participate will be eligible to apply to for First Tee local & National Programs: The First Tee National Programs such as college scholarships,(Scholars Program) Nature Valley First Tee Pebble Beach Golf Tournament, Life Skill Leadership Academy, and local events such as The First Tee Invitational Tournament & The 3M Junior Course Reporter.

Interested participants need to contact Franco Zerna at fzer0@hotmail.com. Schedule will include times from June through August. (Minimum of 8 sessions and 4 on course playing experiences)

Sundays	**7/08-8/26***	**1-4pm**	**Birdie-A**

Thank you for your interest and support of the First Tee of Twin Cities at Highland

The First Tee is a non-profit 501(c)(3) organization; our mission is to impact the lives of young people by providing learning facilities and educational programs that promote character development and life- enhancing values through the game of golf. If you would like to donate equipment or funds go to www.thefirstteetwincities.org or stop by The Sanford First Tee Learning Center on the Highland Range

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Get Golf Ready Adult Lesson Brochure at www.thefirstteetwincities.org

Adults (18 & up) All skill levels

Get Golf Ready is designed to teach everything you'll need to play golf in just a few lessons. Our instructors will show you that there are lots of ways to play by combining **fun**, friends and fitness. Each session will focus on the various golf skills you will use while playing. In addition to learning
the basics, you will be guided onto the golf course to put your skills into action in a casual, friendly setting. Clubs provided if needed

4 One Hour Lessons and 1 Play Day for $99!!

Classes will be held at The First Tee Twin Cities Sanford Learning Center, located on the driving range at Highland
National Golf Course. 1403 Montreal Ave St. Paul, MN 55116
To Register: Please contact Golf Coach Franco Zerna at 651-315-5266 or email Fzer0@hotmail.com.
*All Play Days will on the Sunday associated with the session# of your class.

Days	Dates	Time	Session#
Tue-Fri	5/1-5/4	6:30-7:30 pm	Session 2
Mon/Wed	5/7-5/16	6:30-7:30	Session 3
Tue/Thurs	5/8-5/17	6:30-7:30	Session 4
Mon/Wed	6/4-6/13	6:30-7:30	Session 5
Tue/Thurs	6/5-6/14	5:30-6:30/6:30-7:30	Session 6
Mon/Wed	6/18-6/27	6:30-7:30/7:30-8:30	Session 7
Tue/Thurs	6/19-6/28	6:30-7:30/7:30-8:30	Session 8
Mon/Wed	7/09-7/18	6:30-7:30/7:30-8:30	Session 9
Tue/Thurs	7/10-7/19	6:30-7:30/7:30-8:30	Session 10
Mon/Wed	7/23-8/1	6:30-7:30/7:30-8:30	Session 11
Tue/Thurs	7/24-8/2	6:30-7:30/7:30-8:30	Session 12
Mon/Wed	8/6-8/15	6:30-7:30/7:30-8:30	Session 13
Tue/Thurs	8/7-8/16	6:30-7:30/7:30-8:30	Session 14
Mon/Wed	8/20-8/29	6:30-7:30/7:30-8:30	Session 15
Tue/Thurs	8/21-8/30	6:30-7:30/7:30-8:30	Session 16

Play days:
Sunday 5/19(#1,2,3,4),6/17 (#5,6), 7/8 (#7,8,)
8/5((#9,10, #11,12), 8/19(#13,14),9/9(#15,16)