

# Montana High School Sports Record Book

Updated 11/24/2018

## GIRL'S CROSS COUNTRY TEAM CHAMPIONSHIPS

### All-Time

16	Glasgow	1973-80, 93, 05, 07-08, 10-13
15	Flathead (Kalispell)	1971-72, 80, 86-89, 91, 93-94, 96, 01-04
10	Fergus Co. (Lewistown)	1971-72, 83-86, 88, 96, 98-99
10	Bozeman	1983, 07-15
9	Jefferson Co. (Boulder)	1981-83, 87, 89-90, 96, 99-00
8	Browning	1972, 80-82, 84-86, 92
8	Great Falls CMR	1976, 78, 84, 92, 95, 97-99
7	Belt/Centerville	2002, 06-11
5	Centerville	1982-86
5	Cascade	1974, 76, 93-95
5	Valier	1988-91, 03
5	Bigfork	1975, 01-03, 15
5	Corvallis	2011-15

### Consecutive

9	Bozeman	2007-2015
8	Glasgow	1973-1980
6	Belt/Centerville	2006-2011
5	Centerville	1982-1986
5	Corvallis	2011-2015
4	Fergus Co. (Lewistown)	1983-1986
4	Flathead (Kalispell)	1986-1989
4	Valier	1988-1991
4	Whitefish	2007-2010
4	Glasgow	2010-2013

## TOP TEAM SCORES AT THE STATE MEET

### Class AA

The top five competitors from each school are given a specific number of points that corresponds with their final placing in the race.

Team standings are calculated by adding all five of these scores together. The team with the lowest score wins!

28	Bozeman	2013	Carolyn Hardin 3, Bridget Creel 4, Aja Starkey 5, Piper Meuwissen 6, Andie Creel 10
30	Bozeman	2009	Heidi Turner 1, Sierra Kanplain 5, Katie Keith 7, Mariah Schmidt 8, Michelle Cline 9
31	Flathead (Kalispell)	2001	Zoe Nelson 1, Krista Jimenez 5, Carly Brown 6, Chelsea Brist 9, Andrea Foot 10
32	Bozeman	2011	Carolyn Hardin 1, Andie Creel 5, Michelle Cline 6, Katie Stevens 9, Bridgett Creel 11
34	Flathead (Kalispell)	2003	Zoe Nelson 1, Carly Brown 3, Shannon Ross 4, Krista Jimenez 12, Riata Booky 14
35	Great Falls CMR	1995	Danielle Loomis 1, Colleen Murray 2, Molly McMannis 3, Heather Yoneii 13, Tenelle Wright 16
35	Bozeman	2007	Heidi Turner 1, Taylor Cranston 7, Sierra Kanplain 8, Katie Keith 9, Katie Gill 10
36	Manhattan	2017	Hannah Boyd 3, Hannah Madsen 5, Jessa Steele 6, Jodi Cameron 8, Kylie Richardson 14
37	Flathead (Kalispell)	1989	Heidi Ackerly 1, Yvonne Efralmson 2, Shawnee Thornton 3, Jody kaufman 15, Jesse Rumsey 16
37	Flathead (Kalispell)	1991	Kara Ackerly 2, Carrie McMurray 3, Shawnee Thornton 9, Jenni Tresler 11, Jenny Russell 12
37	Flathead (Kalispell)	2002	

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Zoe Nelson 1, Krista Jimenez 3, Carly Brown 5, Brittany Berger 9, Erin Windauer 19

## Class A

The top five competitors from each school are given a specific number of points that corresponds with their final placing in the race.

Team standings are calculated by adding all five of these scores together. The team with the lowest score wins!

25	Glasgow	1976	Heidi Novak 2, Gayle Strissel 3, Vonnie Oliver 4, Donna Wesen 5, Sanya DeBray 11
27	Browning	1982	Jonna Jordan 1, Karlene Rides at the Door 2, Eva Morris 3, Cheryl Renville 8, Valarie Home Gun 13
29	Fergus Co. (Lewistown)	1984	Shella Vanak 1, Devney Morrison 3, Laura Rummans 6, Mary Ann Neeman 9, Connie Lind 10
29	Corvallis	2013	Sadi Henderson 1, Isabella Pape 2, Kaycie Stewart 3, Amelia Gardner 11, Sydnee McClendon 12
31	Glasgow	1974	Doris Mahugh 1, Pam Fuhrmann 2, Janine Brandt 5, Terry Schuety 11, Dara Breigenzer 12
32	Fergus Co. (Lewistown)	1985	Devney Morrison 1, Laura Rummans 4, Mary Ann Neeman 6, Sonja Boling 9, Shannon Manley 12
33	Glasgow	1979	Vonnie Oliver 1, Julie Schafer 3, Lisa Eide 6, Leah Isakson 8, Shelly Sauter 15
36	Glasgow	1978	Vonnie Oliver 2, Shelly Sather 4, paulette Marks 7, Julie Schaefer 8, Lisa Eide 15
37	Fergus Co. (Lewistown)	1971	Rhonda Trask 2, Natalie Langford 4, Roxy Flesch 9, Laurie Hanley 10, Janice Gee 12
39	Fergus Co. (Lewistown)	1983	Devney Morrison 1, Lynn Felke 6, Corey Steen 9, Laura Rummans 10, Sheila Vanek 13

## Class B

The top five competitors from each school are given a specific number of points that corresponds with their final placing in the race.

Team standings are calculated by adding all five of these scores together. The team with the lowest score wins!

24	Seeley-Swan	1973	Susan Trickey 1, Laura Cohoon 2, Mary Hultman 4, Cindy Munter 6, Melony Anderson 11
27	Forsyth	1977	Gena Brown 1, Angie McMordie 4, Velvet Warfield 5, Lori Walter 6, Lisa Stamalis 11
29	Browning	1984	Laura No Runner 1, Catherine Homes Gun 3, Roylene Doore 5, Hillory Roy 8, Tammy After Buffalo 12
36	Manhattan	2017	Hannah Boyd 3, Hannah Madsen 5, Jessa Steele 6, Jodi Cameron 8, Kylee Richardson 14
37	Cascade	1976	Francis Reilly 2, Lois Heikkila 5, Jamie Sanders 6, Toni Johnson 10, Nannette Coryell 14
38	Cascade	1974	Patti Evenson 1, Tammy Grimes 2, Jeanie Sumner 6, Tammy Olds 9, Kathy Mallory 20
39	Bigfork	1975	Judy Smith 1, Kathy Ross 3, Sheri Whitaker 8, Lori Whitaker 9, Karina Brosten 18
43	Browning	1972	Sharon Connelly 1, Sharon Nation 4, Sheryl Bergman 10, Ann Wagner 13, Mary DesRosier 15
43	Glasgow	2011	Jami Johnson 3, Josie Braaten 7, Amanda McDonald 9, Rachael Zeiger 11, Fewer 13
46	Glasgow	2008	Emilee Morehouse 4, Jami Johnson 5, Alyssa Sanders 10, Emily Braaten 11, Sienna Dailey 16

## Class C

The top five competitors from each school are given a specific number of points that corresponds with their final placing in the race.

Team standings are calculated by adding these three scores together. The team with the lowest score wins!

18	Valier	1989	Vanessa Guardipee 1, Tami VanderBos 2, Jnelle Nelson 3, Jennifer Clifford 5, Nicole Wellman 7
19	Hot Springs	1971	Gayle Hunt 1, Mary Lee Watts 2, Helen James 3, Nancy Niemeyer 6, Carlene Gross 7
27	Valier	1991	

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	Vanessa Guardipee 1, Megan Widhalm 2, Alicia Brophy 5, Nicole Wellman 8, Janelle Nelson 11
29	Manhattan Christian 2001 Lois Ricardi 1, Valerie Droge 2, Lisa Kimp 5, Megan Vanhuizen 10, Shawna Flikkema 11
31	Centerville 1982 Patrice Anthony 1, Michelle Anthony 2, Kay Barker 7, Kim Amlong 9, Stella Evenhus 12
32	Froid 1972 Nancy Royan 2, Debbie Jones 3, Jan Rueter 6, Kim Urdahl 10, Dana Jones 11
32	Cascade 1994 Jaci Ogden 1, Kendra Milburn 2, Violet Hastings 4, Skye Prinzing 11, Sarah Rhoades 14
35	Manhattan Christian 1999 Joy Ricardi 3, Lois Ricardi 4, Sarah Weeda 7, Shawna Flikkema 10, Valerie Droge 11
38	Froid 1973 Debbie Jones 2, Tammy Bergstrom 3, Dana Jones 7, Kim Urdahl 11, Liz Christoffersen 13
41	Melstone 1976 Cindy Miller 3, Rhonda Christensen 7, Gail Haugen 8, Debbie Balock 11, Juanita Stensvad 12

## Class C

Starting in 2005 the top three competitors from each school are given a specific number of points that corresponds with their final placing in the race.

Team standings are calculated by adding these three scores together. The team with the lowest score wins!

11	Lincoln 2005 Nicole Tams 1, Abigail Feedback 4, Hannah Fields 6
12	Belt/Centerville 2009 Mariah Gondeiro 3, Renae Hepfner 4, Taylor Cummings 5
13	Belt/Centerville 2007 Mariah Gondeiro 2, Renae Hepfner 5, Bryanna Gondeiro 6
13	Twin Bridges 2012 Jessica George 1, Hannah Konen 3, Paige Phillips 9
16	Belt/Centerville 2012 McKenzie Lencioni 4, Lea Gondeiro 5, Kelley McCafferty 7
18	Belt/Centerville 2006 Bryanna Gondeiro 2, Taykor Cummings 4, Renae Hepfner 12
18	Belt/Centerville 2010 Mariah Gondeiro 5, Kelley McCafferty 6, Lea Gondeiro 7
19	Belt/Centerville 2008 Mariah Gondeiro 2, Renae Hepfner 6, Taylor Cummings 11
20	Winnett/Melstone 2015 BreElle Wacker 2, Kita Weingar 6t, Sorie Uruena 12
23	Joliet 2007 Michaela O'Dore 4, Mackenzie O'Dore 8, Stacy Ried 11

## INDIVIDUAL STATE CHAMPIONS

### Four-Time State Champions

Kathy Jarvis	Havre	1982-1985
Ruby Yellowtail	Lodge Grass	1989-1992
Zoe Nelson	Flathead (Kalispell)	2001-2004
Makena Morley	Bigfork	2011-2014

### Three-Time State Champions

Celsa Bowman	Frenchtown	1980-1982
Patrice Anthony	Centerville	1982-1984
Flora Big Hair	Hardin	1991-1993
Elizabeth Roodell	Lincoln Co. (Eureka)	1994-1996
Lois Ricardi	Manhattan Christian	2000-2002

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Heidi Turner	Bozeman	2007-2009
Brook Rodgers	Fergus Co. (Lewistown)	2008-2010
McKenzie O'Dore	Joliet	2008-2010
Sadi Henderson	Corvallis	2011-2013

## Two-Time State Champions

Gayle Hunt	Hot Springs	1971-1972
Laurie Adams	Helena High	1971-1972
Laurie Holm	Missoula Sentinel	1975-1976
Kathy Estes	Granite Co. (Philipsburg)	1973-1974
Laurie Holm	Missoula Sentinel	1975-1976
Gena Brown	Forsyth	1976-1977
Theresa Pidcock	Great Falls CMR	1977-1978
Teri Anderson	Hamilton	1977-1978
Jennifer Red Fox	Saint Labre (Ashland)	1978-1979
Mary Losensky	Hamilton	1980-1981
Kalli Ryti	Terry	1985-1986
Christine Mount	Wolf Point	1985, 1987
Jennie Berthiaune	Helena High	1986, 1988
Leasha Omeasoo	Browning	1987-1988
Heidi Ackerly	Flathead (Kalispell)	1987, 1989
Brenda Naber	Havre	1989-1990
Vanessa Gaurdipee	Valier	1990-1991
Emily Nay	Helena Capital	1991, 1993
Danielle Loomis	Great Falls CMR	1994-1995
Muffy Schmidt	Custer Co. (Miles City)	1996, 1998
Amber Arvidson	Flathead (Kalispell)	1997-1998
Heidi Lane	Great Falls CMR	1999-2000
Bethany Long	Wolf Point	1999-2000
Lois Ricardi	Manhattan Christian	2001-2002
Kasey Harwood	Polson	2001, 2003
Jayme Larson	Glasgow	2002-2003
Kara DeWalt	Darby	2004-2005
Katie Gillroy	Helena Capital	2005-2006
Chaira Warner	Broadwater Co. (Townsend)	2009-2010
Caroline Hardin	Bozeman	2010-2011
Jessica George	Twin Bridges	2012-2013
Bailey Parker	West Yellowstone	2014 - 2015
Annie Hill	Glacier (Kalispell)	2014 - 2015

## STATE COURSE RECORD HOLDERS

### 1.5 Mile Course

The first year that MHSAA sanctioned girls cross country was 1971. The first race distance was 1.5 miles.

AA	8:24.4	Millie Shaner - Great Falls High	1971
	8:16.5	Julie Brown - Billings Senior	1072
	8:16.4	Laurie Adams - Helena High	1974
A	8:56.0	Donna Head - Whitefish	1971
	8:37.0	Debbie Raunig - Havre	1972
	8:15.3	Doris Mahugh - Glasgow	1974
B	9:05.5	Mary Hasquet - Shelby	1971
	9:05.0	Patty Evenson - Cascade	1974

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C	9:41.7	Gayle Hunt - Hot Springs	1971
	9:35.6	Gayle Hunt - Hot Springs	1972
	8:40.0	Kathy Estes - Granite Co. (Phillipsburg)	1974

## 2 Mile Course

**MHSA increased the length of the race from 1.5 miles to 2.0 miles in 1976.**

AA	11:33.0	Laurie Holm - Missoula Sentinel	1976
	11:22.6	Kathy Jarvis - Havre	1982
	11:17.7	Kathy Jarvis - Havre	1983
A	12:24.2	Mary Pat Murphy - Cut Bank	1976
	12:16.0	Teri Anderson - Hamilton	1977
	11:30.4	Teri Anderson - Hamilton	1978
B	12:46.5	Gena Brown - Forsyth	1976
	12:45.8	Jennifer Red Fox - Saint Labre	1978
	11:56.6	Celsa Bowman - Frenchtown	1982
	11:42.2	Christine Mount - Wolf Point	1985
C	12:55.7	Diane Tucker - Frenchtown	1976
	12:07.9	Patrice Anthony - Centerville	1982
	12:00.6	Patrice Anthony - Centerville	1983
	12:00.2	Kalli Ryti - Terry	1985

## 3 Mile Course

**MHSA increased the length of the race from two miles to three miles in 1986**

AA	18:01.0	Jeannie Berthiaune - Helena High	1986
	17:51.0	Jeannie Berthiaune - Helena High	1988
	15:50.0	Amber Arvidson - Flathead (Kalispell)	1998
	17:45.0	Heidi Lane - Great Falls CMR	1999
	17:29.0	Zoe Nelson - Flathead (Kalispell)	2001
	16:50.0	Zoe Nelson - Flathead (Kalispell)	2002
	16:30.71	Annie Hill - Glacier (Kalispell)	2015
A	18:46.6	Cher Desjarlais - Hardin	1986
	18:20.0	Leasha Omeasoo - Browning	1987
	18:18.0	Leasha Omeasoo - Browning	1988
	17:39.0	Flora Big Hair - Hardin	1992
B	18:04.6	Carlene Old Person - Browning	1986
	17:58.0	Elizabeth Roodell - Lincoln Co. (Eureka)	1996
	17:44.32	Makena Morley - Bigfork	2011
	16:35:31	Makena Morley - Bigfork	2013
	16:33.20	Makena Morley - Bigfork	2014
C	18:40.3	Kalli Ryti - Terry	1986
	18:25.0	Robin Wemple - Victor	2000
	18:16.68	Bailee Parker - West Yellowstone	2014
	17:46.09	Bailee Parker - West Yellowstone	2015

## TOP THREE MILE PERFORMANCES AT STATE

**Starting in 1986**

### Class AA

	16:30.71	Annie Hill - Glacier (Kalispell)	2015
	16:50.0	Zoe Nelson - Flathead (Kalispell)	2002

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16:47.51	Christine Aragon - Billings Senior	2015
17:08.0	Zoe Nelson - Flathead (Kalispell)	2004
17:08.34	Tiahna Vadic - Billings Senior	2015
17:11.9	Annie Hill - Glacier (Kalispell)	2014
17:25.56	Caroline Hardin - Bozeman	2011
17:26.26	Piper Meuwissen - Bozeman	2015
17:27.90	Ellen Brooks - Missoula Sentinel	2015
17:29.0	Zoe Nelson - Flathead (Kalispell)	2001
17:29.74	Kaitlin Wride - Flathead (Kalispell)	2015
17:30.0	Caroline Hardin - Bozeman	2010
17:31.0	Heidi Lane - Great Falls CMR	2001
17:31:83	Christine Aragon - Billings Senior	2013
17:34.12	Molly Macdonald - Missoula Sentinel	2015

## Class A

17:39.0	Flora Big Hair - Hardin	1992
17:47.0	Flora Big Hair - Hardin	1993
17:58.0	Muffy Schmidt - Custer Co. (Miles City)	1998
17:58.14	Sadi Henderson - Corvallis	2013
18:11.41	Isabella Pape - Corvallis	2013
18:16.0	C J Martin - Colstrip	2002
18:18.0	Leasha Omeasoo - Browning	1988
18:19.17	Samantha Mundel - Columbia Falls	2014
18:20.0	Leasha Omeasoo - Browning	1987
18:24.0	Dianna Stanley - Custer Co. (Miles City)	2006
18:26.22	Jaycie Schalz - Hamilton	2015
18:29.88	Kaycie Stewart - Corvallis	2013

## Class B

16:33.20	Makena Morley - Bigfork	2014
16:35.31	Makena Morley - Bigfork	2013
16:59.28	Bryn Morley - Bigfork	2014
17:26.15	Bryn Morley - Bigfork	2015
17:44.32	Makena Morley - Bigfork	2011
17:58.0	Elizabeth Roodell - Lincoln Co. (Eureka)	1996
18:04.5	Carlene Old Person - Browning	1986
18:06.0	Sabrina Monroe - Jefferson Co. (Boulder)	1997
18:13.1	Makena Morley - Bigfork	2012
18:18.0	Elizabeth Roodell - Lincoln Co. (Eureka)	1995
18:20.0	Ruby Yellowtail - Lodge Grass	1992
18:21.0	Christine Mount - Wolf Point	1987
18:23.03	Cara DeWalt - Darby	2005
18:23.75	Chiara Warner - Broadwater Co. (Townsend)	2009
18:24.0	Ruby Yellowtail - Lodge Grass	1989
18:27.5	Christine Mount - Wolf Point	1986
18:32.0	Sabrina Monroe - Jefferson Co. (Boulder)	1996
18:33.9	Chiara Warner - Broadwater Co. (Townsend)	2012
18:38.0	Andrea Brooker - Poplar	1998

## Class C

17:46.09	Bailee Parker - West Yellowstone	2015
18:16.48	Bailee Parker - West Yellowstone	2014
18:25.0	Robin Wemple - Victor	2000
18:40.0	Kalli Ryti - Terry	1986
18:43.06	MacKenzie O'Dore - Joliet	2009

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18:47.0	Vanessa Guardipee Valier	1989
18:51.22	MacKenzie O'Dore - Joliet	2010
18:54.51	Shannon Young - Harrison	2009
18:56.79	Breele Wacker - Winnett	2014
18:58.92	BreElle Wacker - Winnett/Melstone	2015
18:59.0	Joy Ricardi - Manhattan Christian	1997
19:02.34	Jessica George - Twin Bridges	2013
19:05.0	Casey Cambell - Lincoln	1999

## TOP FIVE KILOMETER PERFORMANCES AT STATE

### Starting in 2017

<b>Class AA</b>	17:28.01	Camila Noe - Bozeman	2017
<b>Class A</b>	19:15.82	Beatrix Frissell - Polson	2017
<b>Class B</b>	18:30.51	Bryn Morley - Bigfork	2017
<b>Class C</b>	20:02.17	Averi Parker - West Yellowstone	2017

## COACHING - MOST STATE CHAMPIONSHIPS

### All-Time

13	Paul Jorgensen	Flathead (Kalispell)	80, 86-89, 91, 93-94, 96, 01-04
9	Clint May	Bozeman	2007-15
8	Branch Brady	Great Falls CMR	1976, 78, 84, 92, 95, 97-99
7	Eadie Schultz	Fergus Co. (Lewistown)	1971-72, 83-86, 88
7	Randy Sheppard	Browning	1980-82, 84-86, 92
7	Rod Karst	Glasgow	2005, 07-08, 10-13
6	Sam Samson	Jefferson Co. (Boulder)	1981-83, 87, 89-90
6	Mark Yoakam	Glasgow	1976-80, 93
6	Mark Garber	Belt/Centerville	2006-11
5	Joanne Cleveland	Corvallis	2011-15

### Consecutive

9	Clint May	Bozeman	2007-2015
6	Mark Barber	Belt/Centerville	2006-2011
5	Mark Yoakam	Glasgow	1976-1980
5	Joanne Cleveland	Corvallis	2011-2015
4	Eadie Schultz	Fergus Co. (Lewistown)	1983-1986
4	Paul Jorgenson	Flathead (Kalispell)	1986-1989
4	Paul Jorgenson	Flathead (Kalispell)	2001-2004
4	Rod Karst	Glasgow	2010-2013
3	Dan Freund	Glasgow	1973-1975
3	Randy Sheppard	Browning	1980-1982
3	Sam Samson	Jefferson Co. (Boulder)	1981-1983
3	Randy Sheppard	Browning	1984-1986
3	June Sprout	Cascade	1993-1995
3	Branch Brady	Great Falls CMR	1997-1999
3	Sue Loeffler	Bigfork	2001-2003
3	John Sillitti	Manhattan	2016-2018