



FOOTBALL

SKILLS TRAINING

SAN DIEGO AREA

FEATURING
HEAD COACH JOHN BANKHEAD



HANDS • SPEED & AGILITY • FOOTWORK
ROUTE RUNNING • PASS COVERAGE
QB AND OFFENSIVE SKILLS

QUARTERBACK

SATURDAYS

- 9am-11pm Temecula Long Canyon Creek Park
- 5-7pm Poway Community Park, Valley Elementary
- 1-3pm Chula Vista, Salt Creek Community Park

SUNDAYS

- 10am-12pm Cathedral Catholic
- 1-3pm Escondido High School

OFFENSIVE SKILLS

SATURDAYS

- 10am-12pm Temecula Long Canyon Creek Park
- 5-7pm Poway Community Park, Valley Elementary
- 1-3pm Salt Creek Community Park

SUNDAYS

- 10am-12pm Cathedral Catholic
- 1-3pm Escondido High School

■ All Ages ■ Youth Ages 7-11 ■ High School/Middle School

Youth Ages 7-11: \$99/4 Session Package or \$30/Session
High School/Middle School: \$40/class or \$120/4 sessions

Register at HardCountAthletics.com // click on **Training**