

END OF THE ROAD WRESTLING TOURNAMENT



LOCATION: Nikiski Jr/Sr High School, 52275 Education Drive, Nikiski AK 99635

FRIDAY, APRIL 20TH Weigh-ins 7 – 8 p.m. for those who did not do satellite weigh-ins – must wear singlet

SCHEDULE SATURDAY, APRIL 21TH

7:00 a.m. – 8:00 a.m. Weigh-ins for those who did not do satellite weigh-ins – must wear singlet

9:00 a.m. Officials and coaches meeting

9:00 a.m. Pre-Bantam through Intermediate: check brackets and report changes to head table

9:30 a.m. Pairings meeting

10:00 a.m. FREESTYLE /GIRLS ONLY wrestling begins: Pre-Bantam through Intermediate 12:00p.m.

Novice through Open: check brackets and report changes to head table**

1:00 p.m. FREESTYLE/GIRLS ONLY wrestling begins: Novice through Open

**No bracket changes made after 9:40 a.m. or 12:40 p.m. All wrestlers should arrive at least one hour before start time to check brackets.

REGISTRATION: Pre-register by midnight Wednesday, April 18th through www.trackwrestling.com and weights entered by midnight Thursday, April 19th if doing satellite weigh-ins. Email team weigh-in sheets to ausawpairings@gmail.com by the morning of Friday, April 20th. Original weigh-in sheets must be brought to the tournament and turned in to the head table. Individual wrestlers are welcome but must have a valid USA wrestling card purchased from www.usawmembership.com prior to the tournament.

FEE: \$20 for each wrestler. Clubs should make one check, payable to NFWC , for all wrestlers registered for the tournament.

GIRLS ONLY BRACKET: Girls only brackets will run simultaneously throughout the day of the freestyle tournament. It is your responsibility to watch both brackets if you choose to enter both tournaments.

COACHES: Coaches must have the Copper Certification, proof of concussion training and Safe Sports training certificates to be in the corner.

CONCESSIONS: Concession stand will be available during the tournament.

HOSPITALITY ROOM: Wristbands will be provided during the coaches meeting to those who provide current coach's card, identification and current concussion and Safe Sports training certificates.

AWARDS: Medals will be given to the top three wrestlers in each weight division. Madison bracketing will be used.

EQUIPMENT: Headgear is required for School-boy/Girl and younger divisions and all girls up to Cadet. Mouth guards are required for wrestlers with braces.

QUESTIONABLE SKIN CONDITIONS: Require a completed "Physician's Release" for which can be found under "forms" at www.ausaw.org. Any conditions considered questionable by the Head Mat Official without a physician's release will be cause for forfeit from the tournament.

QUESTIONS: Contact Samantha Roofe,, Tournament Director, 907-398-2120