



RAM ISLAND YACHT CLUB 2018 JUNIOR SAILING PROGRAM

The Ram Island Yacht Club offers a 8 week Junior Sailing program for children ages 6 to 16. The 2018 program will begin on Monday, June 25th and run through Friday, August 17th. Please read important details about this summer's classes, schedule, and registration process.

IMPORTANT 2018 DATES

Saturday 23rd June: Boat check 8:00am/brief parents meeting at 10:00
Monday 25th June: Jr Sailing classes begin
Wednesday 4th July: No Class
Tuesday 17th July: Austin LaFrance Opti Regatta
Thursday 26th July: Salle Evelyn 420/Blue Jay Regatta
Thursday 17th August: Jr Sailing Awards Night
Friday 18th August: Last day of class

CLASS OFFERINGS

Morning and afternoon classes will be arranged by skill level and age. The Head Instructor makes the final determination regarding class placements. Classes are held rain, shine, wind or no wind but activities will be adjusted according to the conditions.

Morning Opti Class: The morning will be a learn-to-sail program open to children age 6 and older. Students will be grouped by age and skill. Appropriate objectives will be made to provide meaningful, informative, and fun activities for the children. We hope to develop their sailing skills and knowledge of the water in a fun and enjoyable atmosphere. The goal is provide a positive experience for every child.

The morning class will run from 9:00am-12:00 - 3, 4, or 5 days a week. **Students are required to bring their own Optimist (first year beginners may use the club boat for a fee).** The program will utilize Optimists, 420s and Blue Jays.

Class Options:

1. \$430 = 2 days a week (TR)
2. \$650 = 3 days a week (MWF) and includes 2 regattas (Wad FUN regatta and Ram Island Opti Regatta)
3. \$850 = 4 days a week (MTWF). This is the option you would choose if your child is planning on going to regattas.
4. \$975 = 5 days a week (MTWThF). Includes all regattas.

Afternoon Class: The afternoon program is an advanced sailing class. It is for students who have mastered basic sailing and want to learn to be better sailor. Specific activities and objectives will be arranged appropriately based on skill and experience. It will include Optimist, 420 and Blue Jay sailing.

The afternoon class will run from 1:00 pm-4:00 pm ~ 3, 4 or 5 days a week. Students are required to bring their own Optimist or 420. The program may also utilize the club's two 420s and three chartered Blue Jays. ****In order to participate in the 420 program, students are required to weigh at least 90 pounds, and have a minimum total crew weight of 200 pounds.** (A signed parent / instructor weight-waiver will be accepted for kids that are close to 90 pounds but not there yet.)

Class Options:

5. \$430 = 2 days a week (TR)
6. \$650 = 3 days a week (MWF) and includes 2 regattas (Wad FUN regatta and Ram Island Opti or 420 Regatta)
7. \$850 = 4 days a week (MTWF). This is the option you would choose if your child is planning on going to regattas.
8. \$975 = 5 days a week (MTWThF). Includes all regattas.

O'Pen Bic Class: The O'Pen Bic afternoon program is an advanced sailing class. It is for students who have mastered basic sailing and want to try a different type of boat. Specific activities and objectives will be arranged appropriately based on skill and experience.

The class will run from 1:00 pm-4:00 pm Thursday afternoon. Students are required to bring their own O'Pen Bic.

Class Options:

9. \$225 for members = 1 day a week (Thursday afternoon 1:00 - 4:00pm)
10. \$275 for non members = 1 day a week (Thursday afternoon 1:00 - 4:00pm)

BOAT POLICY

All students are required to bring their own boat and equipment to class. Boats must be sound and in safe working condition. Boat types used in the program are International Optimist Dinghy; Club 420 with spinnaker and trapeze; and Blue Jay. No other boat types are permitted.

A boat inspection is required for all Optimists, C 420s, and O'Pen Bics in our program. Boat inspection will be held on Saturday, June 23rd. All boats must pass inspection prior to being used in class even if they have been utilized in the program in the past. It is the parents' responsibility to ensure that boats remain in good working order throughout the summer. Boats and rigging that don't work well are a safety concern. It also places unnecessary stress and frustration on students and instructors.

RIYC is not responsible for any lost gear or any damage to boats. Please ask your children to communicate when items are broken or missing. Parents should personally check their child's boat throughout the summer.

****Exceptions - First year beginners registered in Morning Class don't have to own a boat but will need to pay to use the club optis.

Opti Usage Fee: \$100.00

Bringing your own boat: Yes or no

If yes, name of boat.

420 Usage Fee: \$200.00 - This is for anyone who is not bringing a 420.

Bringing your own boat: Yes or no

If yes, name of boat.

SWIM CHECK

A swim check will be given on the first day of class. All students must pass the swim check prior to taking any classes. Students will be expected to swim 25 yards without a life jacket, tread water for 3 minutes, and put on their life jacket while in the water. The younger kids are allowed to wear their life jack.

JUNIOR INSTRUCTORS

We'll continue the popular junior instructor program this summer. In addition to being a fun activity, it's a way for our older sailors (generally at least 12 years old) to begin honing their instruction skills in a familiar environment by volunteering their time to work with our younger sailors.

Students interested in being a Junior Instructor must complete the attached Junior Instructor Application and submit along with the Junior Sailing Registration. Applications will be reviewed by the committee and the head instructor and notification of selection made by June 18th.

REGATTAS

Students enrolled in either the morning or afternoon class can participate in regattas. If your child has never participated in a regatta, parents should confirm with the Head Instructor if he/she can sail without assistance and is ready to participate in regattas. There are numerous Optimist and C420 regattas held at area clubs of Fishers Island Sound throughout the summer. RIYC typically tows to the local events and provides instructor support as part of the program. The head instructor will distribute information, a schedule of planned events, and a sign-up process several days in advance of the regatta. The summer program generally does not provide support for participation in events beyond the local area.

NONMEMBERS

The RIYC Junior Sailing program is open to members and non-members alike. However, non-member participants must be sponsored by a member. Non-member families are welcome at all Junior Sailing classes, Thursday night picnics and other Junior Sailing activities without the presence of their sponsor. Additionally non-members are welcome to store boats for use during sailing classes at RIYC in the same manner as members. Optimists for use in class are stored on racks on the floating docks at no fee. At the conclusion of the program all non-member boats must be removed from RIYC. Non-members must be a guest of a member to utilize RIYC facilities outside of the Junior Sailing activities and regular club rules apply.

Non Member Fee = \$150.00 and a sponsor.

Please list your sponsors name.

Class sizes are limited and will be filled on a first come, first served basis.

- If students are not children of an RIYC member, they must pay the non-member/grandchild fee as indicated on the registration form.
- All students must understand and sign the attached Code of Conduct outlining and reinforcing the behavior we expect during classes and at regattas.
- No refunds will be made for missed classes for any reason or dismissal from the program for disciplinary reasons. RIYC does not offer any classes on a prorated basis.
- In order for your registration to be considered complete it must contain:
 - Registration Form
 - Non-member sponsor signature, if applicable
 - Medical and Contact Information forms for each child
 - Code of Conduct signed by each child and a parent
 - Agreement, Waiver and Release
 - Junior Instructor request, if applicable
 - Payments up-to-date.

Please send completed registration forms (below) by mail or email to:

Ann Bergendahl
51 Front Street
Noank, CT 06340
riycjrailing@gmail.com
860-460-3909 Cell

**RAM ISLAND YACHT CLUB JUNIOR SAILING PROGRAM
2018 REGISTRATION FORM**

MEDICAL AND CONTACT INFORMATION

Please fill out one form per child

MEDICAL AND CONTACT INFORMATION	
Student Name	
Date of Birth	
Mother/Guardian	Name
	Address
	Local Address (if different)
	Daytime Phone
Father/Guardian	Name
	Address
	Local Address (if different)
	Phone Number(s)
Emergency Contact	Name
	Relationship
	Phone Number(s)
Physician	Name
	Phone Number
Dentist	Name
	Phone Number
Please describe any illnesses, medical conditions, medications, allergies, etc.	

I hereby authorize the Ram Island Yacht Club Junior Sailing Program to procure medical and hospital aid for my child in the event I cannot be reached.

Parent/Guardian Name _____

RAM ISLAND YACHT CLUB 2018 JUNIOR SAILING PROGRAM CODE OF CONDUCT

We expect all members of the Ram Island Yacht Club Junior Sailing community to:

- Remember that safety is our top priority.
- Exhibit mutual respect and tolerance for all students, instructors, stewards, parents, members, and visitors. Simply stated, this means being nice to one another and treating others the way you would like to be treated.
- Respect and take care of the clubhouse, boats, docks, and grounds.
- Cooperate with the instructors and the steward.
- Maintain clear physical boundaries between us, with zero tolerance for physical aggression or violence of any kind. If you are in trouble, ask an instructor or adult for help.
- Appropriate language will be used at all times. There will be NO swearing.
- Maintain zero tolerance for threats and teasing of any kind.
- Assume that all students are here to learn; help each other learn as much as possible.
- Praise and encourage peers to foster positive self-esteem, high achievement, and healthy relationships.
- Assume full responsibility for boats, gear and personal items. RIYC is not responsible for any lost or damaged equipment.

In the Clubhouse

- Please help to keep the clubhouse neat and clean at all times.
- Use only the upstairs clubhouse and side restrooms.
- No running, yelling, or horseplay.
- Store all backpacks, towels, etc. upstairs during the day.
- Take home towels, bathing suits, clothes, etc. daily.
- Take care of the table tennis and foosball equipment; put paddles and balls away when done.
- Keep showers short to save water.

On the Dock

- Wear life jackets at all times.
- No running, yelling, or horseplay.
- Swim only when an instructor or adult is present and has given you permission.
- Swim off the floating dock only (not the main dock).
- Help other students get their boats in and out of the water.
- Rig your boat with your own equipment. Do not "borrow" equipment from any other boat.
- Stow your boat properly and tie it down if requested by the instructors.
- Maintain your boat. If something doesn't work properly, is missing, or needs to be fixed, tell an instructor or parent.
- Do not walk on top of boats that are upside down or across boats that are right side up.
- Shoes must be worn on the dock at all times.

On the Water

- Stay with your class at all times and follow the directions of the instructors.
- Do not needlessly endanger yourself, others, your boat, or other boats.

On the Grounds

- Please help to keep the grounds neat and clean at all times.
- Stow your boat properly and promptly return all equipment to the clubhouse and store it neatly.
- Use common sense when on the jungle gym.
- Refrain from using our neighbors' docks.

At Other Clubs

- Remember that you are a guest when visiting other clubs. Respect their club, students, etc. as you would at Ram Island.
- Follow the club's rules when visiting.

I agree to abide by this Code of Conduct at all times while at Ram Island Yacht Club and while visiting other clubs. I understand that failure to follow this Code of Conduct will result in disciplinary action and may ultimately result in expulsion from the RIYC Junior Sailing Program.

Student _____

Date _____

Parent _____

Date _____



**RAM ISLAND YACHT CLUB JUNIOR
SAILING PROGRAM
2018 REGISTRATION FORM**

AGREEMENT, WAIVER AND RELEASE

THIS AGREEMENT, WAIVER AND RELEASE is made this day, indicated below, by and between Ram Island Yacht Club, Inc. ("RIYC") and the Parent(s) and/or Legal Guardian(s) ("Parents") of the Student ("student", "applicant", "child(ren)").

Parent(s)/Guardian(s): _____

Minor(s): _____

We, the undersigned being an applicant for admission to the RIYC Junior Sailing Program and a parent/guardian of the applicant, do hereby acknowledge that participation in the RIYC Junior Sailing Program poses certain inherent risks which cannot be avoided and acknowledge that we are accepting those risks.

In consideration of the acceptance of applicant's application, we release and forever discharge RIYC, its Officers, its Board of Trustees, its Sailing School Committee, their agents, and employees, from any claim for property damage, injury or death arising out of or during the course of any participation in the Sailing School Program.

We represent that we have and will maintain sufficient coverage under our homeowner's or tenant's liability insurance policy for any negligent acts of my child(ren) in his/her pursuance of program activities. We further certify that, to the best of our knowledge, my child(ren) is in good physical condition and suffers from no physical, emotional or mental impairment, which would adversely affect his/her ability to safely participate in sailing activities.

We also acknowledge that the boats and/or other property of RIYC and others used in the RIYC Junior Sailing Program are subject to normal wear and tear. We hereby agree to be responsible and pay for any property damage, beyond normal wear and tear, as determined by RIYC, to the boats and/or other property of RIYC and others used by my child(ren).

We also acknowledge, consent and grant permission for RIYC its employees, or agents to take photographs, videotape or digital recordings of my child(ren) exclusively for the purpose of RIYC and without financial remuneration. We agree that RIYC owns the images and all rights related to them. The images may be used in any manner or media without notifying me, such as web sites, publications, promotions, broadcasts, advertisements, and posters, as well as any other uses by RIYC. I waive any right to inspect or approve the finished images or any printed or electronic matter that may be used with them.

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____



**RAM ISLAND YACHT CLUB JUNIOR SAILING PROGRAM
2018 REGISTRATION FORM**

JUNIOR INSTRUCTOR APPLICATION

Students interested in being a Junior Instructor must complete the attached Junior Instructor Application and submit along with the Junior Sailing Registration. Applications will be reviewed by the committee and the head instructor and notification of selection made by June 18, 2016.

Junior Instructor Application	
Name	
Date of Birth	
Age (as of 6/23/2015)	
Address	
Email	
Home Phone	
Cell Phone	
Please describe past sailing experience	
Please describe why you want to be a Junior Instructor	

Please check classes you may be available to JI for. All are morning session only.

- Monday, Wednesday & Friday
- Monday-Friday

Signed: _____

Date: _____