

NEW RULE UPDATE

Applies to U-13 and U16

“Penalty Kicks”

- No penalty kicks this season
- If an infraction takes place in the goal box or in overtime during playoffs the following steps will take place:
 - ALL players will move to behind the half line on the offenses defending half
 - *except the defending Goalie*
 - *No substitutes once penalty has been awarded*
 - Goalie will start with heels on goal line
 - Offensive player will have the ball at midfield
 - Center ref will blow whistle once the Goalie and Offensive player are in position.
 - *1- AR will be beside goal behind end line
 - *1- AR will be on the sideline
 - Once the whistle has blown the Offensive player will dribble towards defending Goalie at this time the Goalie is allowed to move off of goal line
 - The penalty will remain active until either a goal is scored, the ball goes out of bounds (boundary possession will be determined as normal), or Goalie has possession.
 - *ALL players will remain behind half line until the penalty is inactive.

