



Name: Fabien Lewis	Team: U8	Day: 2	Duration: 60 Minutes
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Description: In this session, we introduce basic passing and receiving technique to your players. In addition, players will be introduced to the idea of changing the point of attack by the use of attacking two goals.

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<p>© Copyright www.academicsoccercoach.co.uk 2018</p>	<p>Activity: '2v1' – 15 minutes</p> <p>Organization: 2 v 1 in 15 x 10 yard grid. Play starts when the attacker starts dribbling on the field.</p> <p>Coaching Points: (1) Reinforce previous points. (2) When to dribble, when to pass (3) Receive the ball across your body to attack the goal (4) If one goal is blocked, try to score on the next goal</p>
<p>© Copyright www.academicsoccercoach.co.uk 2018</p>	<p>Activity: Small sided Game – 20 minutes</p> <p>Organization: 3 v 2 in 25 x 20-yard grid. Play starts with the coach. White goes towards two goals. Blue scores in single pugg goal.</p> <p>Coaching Points: (1) Reinforce previous points. (2) Communication (3) Supporting angles from 2nd and 3rd attacker (4) Give immediate chase after losing the ball</p>
<p>© Copyright www.academicsoccercoach.co.uk 2018</p>	<p>Activity: Scrimmage – 20 minutes</p> <p>Organization: 5 v 5 in 35 x 30 yard grid going to pugs. Use modify small sided game rules.</p> <p>Coaching Points: (1) Reinforce all points. (2) Have fun.</p>