



Name: Fabien Lewis	Team: U12	Day: 2	Duration: 75 Minutes
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Description: This session will teach and encourage players to make overlapping runs, thus increasing penetrating options.

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<p>© Copyright www.academysoccercoach.co.uk 2018</p>	<p>Activity: Small Sided Activity – 15 minutes</p> <p>Organization: 2 attacking player vs 1 defender in 15 x 10 yard grid. The 1st attacker must pass ball into the 2nd attacker and perform overlap before they can score in pugs. If the defender wins the ball, he can dribble through gates.</p> <p>Coaching Points: (1) Reinforce previous points. (2) 1st attacker take touch inside to create space for the overlap (3) Overlap performed with intensity and urgency (4) Dribble at defenders, make them commit (5) Communicate overlap (6) Add deception in pass.</p>
<p>© Copyright www.academysoccercoach.co.uk 2018</p>	<p>Activity: Extended Small Sided Activity – 20 minutes</p> <p>Organization: 4 v 3 in a 25 x 20 yard grid going to pugs. Repeat the condition above (i.e. overlap must be performed before you can score).</p> <p>Coaching Points: (1) Reinforce previous points. (2) Maintain good angles of support (3) When to possess, when to penetrate (4) Use width of field to stretch opponent.</p>
<p>© Copyright www.academysoccercoach.co.uk 2018</p>	<p>Activity: Scrimmage – 25 minutes</p> <p>Organization: In 40 x 35 yard grid (7 v 7 + 2 goalkeepers) to big goals. All rules apply.</p> <p>Coaching Points: (1) Reinforce previous points. (2) Enjoy.</p>