



# **MAY AND JUNE POWER SKATING & STICK AND PUCK ICE**

## **Power and Stick**

**This is a ½ hour of power skating to work on starts, stops, turns and speed through various exercises and drills. The second ½ hour is dedicated to stick handling and puck control. This will consist of numerous drills and small area games.**

Wednesday and Thursdays 9:00-10:00

Cost: \$200 for both days or \$110 for one day a week

Starts: May 9<sup>th</sup> ends June 28<sup>th</sup>

Coaches: Findlay High School Coaches

**INCREASE YOUR  
SPEED**

**CHANGE  
DIRECTIONS  
FASTER**

**STOP QUICKER**

**WIN RACES TO  
PUCKS**

**CONTROL THE  
PUCK IN  
TRAFFIC**

**MAKE BETTER  
PASSES**

**TO RESERVE YOUR  
SPOT CALL:  
CRAIG PERRY  
419-421-6445**