

Wrestling With Character Parents Code of Character



Wrestling With Character Parents are expected to conduct themselves with class and maturity at all times. We should strive to lead by example.

Parents should make every effort to be positive role models with consistent displays of integrity and positive character. Our words and actions regarding success, disappointment, stress, fairness, and frustration will influence these young athletes for years to come.

Expectations

Wrestling With Character holds its teams, athletes, coaches, and parents to a very high ethical standard. It is expected that all of our members observe and recognize the culture of our organization. This includes our program philosophy, vision, and guiding principles.

In accordance with Wrestling With Character's Guiding Principles, parents should:

Focus on the Process

- learn and understand the rules of the sport to effectively support my child
- encourage my child to compete at the level and frequency that they desire
- encourage my child to focus on "effort goals" based off of continual, individual improvement
- appreciate the value of character development as the primary benefit of participation

Develop the Passion First

- place the emotional and physical well being of my child ahead of all else
- recognize the importance of cultivating an internal enjoyment of the sport
- understand that success is a byproduct of discipline and passion

Each Individual's Experience Matters

- provide positive support, care and encouragement unconditionally
- praise and recognize the wide range of benefits from participation
- recognize and re-enforce their child's unique contribution to the team
- give specific, positive feedback and praise after every practice or match

PRACTICE

Parents will:

- make every attempt not to distract the wrestlers during practice. Attending parents should not come onto the mats or communicate with their children until after practice
- recognize the importance of punctuality and dependability by communicating absences or tardies appropriately

Parents interested in getting directly involved should inquire about our Coaching With Character program. Participating coaches are invited to attend monthly meetings with the opportunity to provide practice feedback and suggestions.

Parents of Wrestling With Character:

- shall uphold the honor and dignity of Wrestling With Character at all times
- acknowledge that swearing, profanity or general inappropriate language will not be tolerated - this includes: but is not limited to interactions with athletes, parents, officials, other coaches, etc.
- understand that drugs and alcohol use are strictly prohibited before or during any official club functions

COMPETITIONS

During wrestling competitions WWC Parents will:

- lead by example. This includes always treating opposing players, coaches, fans and officials with respect
- let the coaches coach. Parents should defer to designated team coaches during competition. If necessary, a parent may join an official team coach in the corner
- respect our curriculum. Please do not provide technical or strategic wrestling instruction to the wrestlers
- address any coaching or officiating concerns through the head coach or director of coaching at an appropriate time

WWC does not support or condone weight cutting for grade school athletes

RESPECT ATTITUDE PASSION INTEGRITY DISCIPLINE HONESTY

Wrestling With Character Parent Requirement Checklist

- safety waiver*
- parent code of character*
- athlete code of character*

Please sign and return this page to a member of the coaching staff.

I have read, understand, and agree to abide by the rules and expectations set forth in the Wrestling With Character, Parents Code of Conduct. I understand that failure to comply with these guidelines may result in my dismissal from the program.

Parent Name:	
Date:	
Signature:	

Note: Failure to sign this document does not exclude you from the expectations set forth in the code of character.

Wrestling With Character reserves the right to terminate your affiliation with the club as a coach, participant, helper or board member based on the expectations of our Codes of Character.

I. Focus on the Process II. Develop the Passion First

III. Each Individual's Experience Matters