

# ROOSEVELT HIGH SCHOOL

## 2018 SUMMER SCHEDULE

- **SOCCER**

- \*TEAM CAMP JUNE 4<sup>TH</sup>-7<sup>TH</sup>
- TUESDAY & THURSDAYS 5:00PM-6:30PM (WORK OUTS)
- MONDAY-FRIDAY 11:00-12:00PM (WORK OUTS)
- WEIGHT ROOM: MONDAY-FRIDAY 9-10AM 10-11AM CONDITIONING

- **CHEER**

- \*CHEER CAMP JUNE 21-23

- **VOLLEYBALL**

- \*COLORADO STATE UNIVERSITY TEAM CAMP JULY 27-30
- OPEN GYMS TUESDAYS 3:00-5:00PM

- **FOOTBALL**

- \*WESTERN STATE TEAM CAMP JUNE 3-6
- SUMMER PRACTICES (10-DAY CAMP) MAY 30 - JUNE 2
- JUNE 11-12 (FRESHMEN ONLY TEAM CAMP)
- JUNE 14 DENVER BRONCOS 7ON7
- JUNE 23 UNIVERSITY OF NORTHERN COLORADO 7ON7
- BERTHOUD HS 7ON7 TOURNAMENT JULY 28 (TENTATIVE)
- WEIGHT LIFTING MONDAY - THURSDAY / 6:30AM - 8:00AM
- SUMMER 7ON7 AND TEAM RUN WEDNESDAY NIGHTS  
AT 6:00PM ON FB PRACTICE FIELD

- **WRESTLING**

- \*WESTERN STATE TEAM CAMP JUNE 18-21
- JUNE 12-14 INDIVIDUAL CAMP AT RHS

- WEIGHT ROOM MONDAY-THURSDAY 9-11AM
- OPEN GYM PRACTICES 6:00-7:30PM ON TUESDAYS
- **BOYS BASKETBALL**
  - UNIVERSITY OF NORTHERN COLORADO TEAM CAMP JUNE 7TH-9TH
  - \*POWER TO PLAY SPORTS TEAM CAMP JUNE 21-23
- **CROSS COUNTRY**
  - \*CAMP AUGUST 3<sup>RD</sup>-4<sup>TH</sup>
- **TRACK AND FIELD**
  - SPEED TRAINING TUESDAYS AND THURSDAYS AT 4PM
- **GIRLS BASKETBALL**
  - \*JUNE 7-9 POWER TO PLAY TEAM CAMP
  - JUNE 22-24 CU TEAM CAMP

\* INDICATES SPORT PRIORITY DATE