

CEDAR SPRINGS YOUTH FOOTBALL

PROGRAMS OFFERED / SIGN-UPS

*****ONLINE REGISTRATION ONLY*****

Flag Football: 4/5 year olds & 6/7 year olds

Dates: 7/09, 7/11, 7/16, 7,18, 7/23, 7/25, 7/30, 8/01

Time: 6:00pm to 7:30pm

Place: Skinner Field **Picture Day:** July 11th

COST: \$40 (Team Shirt Provided)

SIGN-UP DEADLINE: Tues, June 24th

FLAG COACHES NEEDED



Rocket Football—3rd/4th & 5th/6th Grade

Dates: First Practice Monday 8/19

First week of practice will be 8/19-8/22 M-Th.

Time: 6:00pm-8:00pm

Practices: 3 Days/Week, TBD by Coach

Place: School playgrounds **Picture Day:** Sept 10th

Home games played on Saturday @ Skinner Field

SIGN-UP DEADLINE Saturday, July 27th

COST: 3rd/4th- \$80 5th/6th- \$90

Pre-Season Speed & Agility Training

Dates: 7/09, 7/11, 7/16, 7,18, 7/23, 7/25, 7/30, 8/01

Time: 6:00pm to 7:30pm

Place: Skinner Field Grades: Upcoming 3rd-6th

Bring: LARGE WATER Bottles, tennis shoes, gym clothes

COST: FREE

Pre-Season Rocket Camp

Date: Saturday, 7/27/19 **Time:** 10:00am-2:00pm

Place: Skinner Field **Grades:** 3rd-6th

COST: \$35 Pre- Reg, \$40 Walk-In

(Camp T-Shirt & Lunch Provided)

New & Used Equipment Sale

GO TO OUR WEBSITE FOR MORE INFORMATION!

ONLINE Registration: WWW.CEDARSPRINGSYOUTHFOOTBALL.COM

Find Us on Facebook: Cedar Springs Youth Football

NOTES:

1. Provided by the League: Game Jerseys, Practice Jerseys and Mouth Guards
2. Players **MUST** provide: Cleats, Practice Pants, Black Game Pants, Shoulder Pads, BLACK Helmets, RED Socks
3. A Players age is determined by their age as of September 1st of current year.

Questions Call/Text Amy Schoenborn @ 616-901-3031 or Shawn Kiphart @ 616-773-5126