

# FERSCHWEILER

## HOCKEY

## SCHOOL



**CURRENT DETROIT RED  
WINGS ASSISTANT COACH  
PAT FERSCHWEILER**

REGISTRATION OPEN @[www.koha.com](http://www.koha.com)

**JULY 23– JULY 27**

*\*times below subject to change slightly*

Mite (8U) & Squirt (10U)

8:30 am to 3:00 pm

Peewee (12U) & Bantam (14U)

9:00 am to 4:00 pm

**SPACE IS LIMITED!**

**REGISTER TODAY!**

**(USA Hockey 2018-19 age classifications)**

**\$375—Complete Camp**

\$100 discount for goalies—limit 4 per session

**Lunch is NOT PROVIDED.**

***Please send your camper with:***

**A healthy lunch**

**A healthy snack**

**Their own water bottle**

**Athletic shoes for off-ice activities**

**Camp includes:**

Morning ice session, afternoon ice session, classroom session, and daily recreational programs (including team sports, soccer, team hand ball etc)

ALL CAMPERS MUST HAVE VALID 2018-19 USAH# TO REGISTER

**Visit [www.koha.com](http://www.koha.com) to register & for information**

## STAFF

The Ferschweiler Hockey School is designed and led by **Pat Ferschweiler** - Current Detroit Red Wings Assistant Coach, former WMU Bronco Assistant Coach-- Built the Russell Stover AAA Hockey program and served as coach for the U-18 Boys. Has trained elite, travel and house players for 25 years. Played in IHL for eight seasons and is a former Bronco player and captain from 1990-1993.

**Jared Brown**-plays professional hockey in Europe, has worked with Pat for the last 13 years developing the teaching techniques used to best develop our campers Jared starred at Northern Michigan University before his pro career.

**Matt Stewart**-current Assistant Coach with the Tri City Storm (USHL), and former Lawrence University Assistant Coach, Matt has worked with me for the past 7 summers and is great with the campers, Matt played at Western Michigan University before he started his coaching career.

**Sheldon Dries**-just completed his rookie season with the Texas Stars—the Dallas Stars AHL affiliate. A three-year captain with WMU Bronco hockey, known for leading by example played 148 games as a Bronco, amassing 84 total points during his four years. A Macomb, MI native, who has been helping at my camps since his freshman year at Western.

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The *Ferschweiler Hockey School Complete Camp* is virtually two camps in one. Each morning session will focus exclusively on power skating, with each afternoon focusing on individual skills. See descriptions below for what the campers' on-ice sessions will look like.

### **COMPLETE CAMP - MORNINGS ON-ICE:**

In this session we focus on skating technique, with the thought that practice makes permanent, but perfect practice makes perfect. Any technical flaw in a skater's stride acts as a limiting factor in how good that skater can become. Each camper will have his/her forward and backward stride videotaped, with the tape to be used as a learning tool to both highlight the positive and determine the underdeveloped parts of the campers stride.

**Forward/Backward Strides \* Explosive Starts \* Back Power Starts \* Power Turns \* Stopping \***

**Forward/Backward Crossovers \* Overspeed Training \* Edge Development**

### **COMPLETE CAMP - AFTERNOONS ON-ICE:**

In this session the emphasis is placed on individual puck skills. Along with the puck skills each day at least one new hockey concept or team skill will be taught. The afternoon session will also feature a daily scrimmage that will allow the camper the opportunity to practice his/her newly acquired skills.

**Stick handling \* Shooting (wrist shot, slapshot, backhand) \* Passing \* Checking/Angling**

**Cycling/Puck Protection \* Positioning \* Attack Zone Triangle**

### **BIG GAME DAY FRIDAY**

Come on Friday afternoon and watch the players have a great time! "Big Game Friday" allows the kids to scrimmage during the afternoon and compete for the Ferschweiler Cup. Guaranteed fun for all!!!

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