BEGINNER/INTERMEDIATE

12 MONDAY CLASSES

June 3rd - August 26th

INSTRUCTIONAL HOCKEY CLASSES

AGES 10-15 YEARS OLD!

READ INSIDE ABOUT MICHIGAN'S NEW CONCUSSION LAWS MANDATORY WAIVER AND ADDITIONAL INFORMATION.
# Summer Future Wings Registration

<table>
<thead>
<tr>
<th>Student's Name</th>
<th>Parent's Name</th>
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<thead>
<tr>
<th>Address</th>
<th>City</th>
<th>Zip</th>
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<tbody>
<tr>
<td>Home Phone</td>
<td>Cell Phone</td>
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<tr>
<th>Student's Date of Birth</th>
<th>Age</th>
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<tr>
<th>E-mail Address</th>
<th>New to Future Wings?</th>
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### **RELEASE OF LIABILITY**

Applicant agrees that all staff, instructors, and employees of Troy Sports Center will not be held responsible for any accidents, injuries, and personal property lost, however caused, and agrees to release Troy Sports Center for all claims or damages which are as a result of such loss. It is further understood that all risk to attendants or players in watching, and/or participating and/or playing at the Troy Sports Center are assumed by the student and his/her parents and/or guardian. This entire statement of liability is acknowledged and approved by the signature below.

I have read the above and understand its content.

*Signature: ___________________________*  *Date: ___________________________

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### **BEGINNER FUTURE WINGS:** (Divided by age and skill)

- Beginner skaters should have learned to skate class experience
- Full Ice Hockey equipment is required
- **All students** are required to be registered with USA Hockey ([www.usahockeyregistration.com](http://www.usahockeyregistration.com))
- Students will develop and enhance basic skating skills
- Forward strides, control stops, control turns, ready positions, edge control, backward skating and stopping
- Shooting and stick handling will be covered, but emphasis will be on skating skills

### **INTERMEDIATE FUTURE WINGS:** (Divided by age and skill)

- Intermediate level skaters should have taken Beginner program or equivalent, be able to perform hockey stops on both sides and be familiar with the rules of hockey
- Full Ice Hockey equipment is required
- **All students** are required to be registered with USA Hockey ([www.usahockeyregistration.com](http://www.usahockeyregistration.com))
- Students will do more complex drills designed to enhance basic skating skills; crossovers, pivots, forward to backward, backward to forward, and more
- Instruction on stick handling and puck control forehand/backhand, movement around obstacles and players, fakes, passing, shooting

### **ADVANCED FUTURE WINGS:** (Divided by age and skill)

- High energy training designed for players who have passed beginner and intermediate programs or have instructor approval, they should be able to perform forward crossovers, hockey stops (both sides), skate backwards comfortably and have a good knowledge of hockey rules and positioning
- Full Ice Hockey equipment is required
- **All students** are required to be registered with USA Hockey ([www.usahockeyregistration.com](http://www.usahockeyregistration.com))
- Drills designed to continue development and further enhance skating skills
- This level focuses on the advanced techniques of skating and stick handling, shooting and passing, along with basic team concepts
- Drills designed to increase leg strength, foot speed, deep knee bending, full length strides, proper arm motion, transition, pivots forward and backward
- FULL ICE HOCKEY equipment is required

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### **CONCUSSION WAIVER FORM**

Participating and Parent/Legal Guardian acknowledge all inherited risks of concussions. In addition, any participant with a concussion, or concussion-like symptoms will be removed from participation until written clearance from an appropriate health professional is provided.

**TROY SPORTS CENTER IS FOLLOWING MICHIGAN’S SPORTS CONCUSSION LAW IN WHICH ALL PARTICIPANTS AND PARENTS/LEGAL GUARDIANS ACKNOWLEDGE ALL INHERITED RISKS OF CONCUSSIONS. IN ADDITION, ANY PARTICIPANT WITH A CONCUSSION, OR CONCUSSION LIKE SYMPTOMS WILL BE REMOVED FROM PARTICIPATION UNTIL WRITTEN CLEARANCE FROM AN APPROPRIATE HEALTH PROFESSIONAL IS PROVIDED.**

**ALL PARTICIPANTS AND PARENTS/LEGAL GUARDIANS MUST HAVE “TROY SPORTS CENTER CONCUSSION WAIVER FORM” ON FILE WITH TROY SPORTS CENTER PRIOR TO FIRST CLASS.**

You will find a link to the required waiver form at www.troysports.com.