

VOLLEYBALL		<u>EAST</u>	<u>WEST</u>
	Rachel Bramble - Cary		Rebecca Camacho - Asheville
	Ukiah Barnes - Durham		Catherine Clark - Asheville
	Autumn Hines - Durham		Amber Barker - Cabarrus
	Michaela Seawell - Durham		Kyrsten McLaurin - Cabarrus
	Ally Brown - Harnett		Kristen Wilson - Cabarrus
	Grace Kim - Harnett	MVP	Caroline Cason - Forsyth
	Lydia Lawrence - Harnett		Kendall Long - Forsyth
	Emily Leau - Harnett		Jessie Malchuk - Forsyth
	Christa Burns - North Wake		Olivia Ney - Forsyth
	Brittany Stone - North Wake		Morgan Smith - Greensboro
	<i>Darrell Brown - Harnett</i>	COY	<i>Asheville - Brenda Watt</i>
BOYS SOCCER		<u>EAST</u>	<u>WEST</u>
	Caleb Adams - East Wake		Solomon Love - Asheville
	Eric Barry - East Wake		Julian Talley - Asheville
	Joshua Biller - East Wake		Jacob Woody - Asheville
	Tim Bizzell - East Wake	MVP	Pete Ceccarelli - Cabarrus
	Paul Blain - New Bern		Andrew Goodwin - Cabarrus
	Daniel Miller - North Wake		Luke Holm - Cabarrus
	Braeden Smith - North Wake		Miles Richardson - Cabarrus
	Eric Walston - North Wake		Ben Rowan - Forsyth
	Harrison Barber - Wilmington		Mark Rowan - Forsyth
	Corbin Rosenbaum - Wilmington		Sam Ritner - Forsyth
	Luke Smith - Wilmington		Ethan Voorheis - Forsyth
	Zack Still - Wilmington		
	Philip Strickland - Wilmington		
	<i>North Wake - Caleb Brown</i>	COY	
GIRLS BASKETBALL		<u>EAST</u>	<u>WEST</u>
	Jenna Brooks - Chatham		Kirsten Watt - Asheville
	Rachel Davis - Chatham		Grace Harold - Cabarrus
	Christiana Stickel - Durham		Amy Harrell - Cabarrus
	Sarah Schulz - North Wake		Haley Reed - Guilford

	Brittany Stone - North Wake	DPOY	Lydia Stucker - Guilford	
	Jacey Edwards - South Wake		Tyler Hackney - High Point	
	Kenzie Hart - South Wake		Elaine Smith - High Point	
	Rosie McMahan - South Wake	MVP	Jill Boyd - Surry	MVP
	Jaeda Jennings - Wake Forest		Krissa Hill - Surry	DPOY
	Alexandra Love - Wake Forest		Trinity Thompson - Surry	
Head Coach:	Jared Foulke - South Wake	COY	Todd Hill - Surry	
Assistant:	Derek Jennings - Wake Forest		Greg Stancil - High Point	COY
BOYS BASKETBALL				
	<u>EAST</u>		<u>WEST</u>	
	Jonathan Shutt - Chatham		Cameron Skinner - Asheville	
	Cameron Buchanan - Durham		Jalen Jackson - Cabarrus	
	Gavin Portela - Goldsboro	MVP and DPOY	Jared Cox - Forsyth	
	Jonathan Nelson - North Wake		Gabe Kulits - Forsyth	
	Paul Storey - North Wake		Sam Reams - Forsyth	
	Chase Edwards - South Wake		Isaac Childrey - Guilford	
	Kyle Horvath - South Wake		John Van Eerden - Guilford	
	Jordan Tomberlin - Wake Forest		Isaiah Abbott - South Charlotte	MVP
	Noah Sibbett - Wilmington		Matt Broussard - South Charlotte	
	Philip Strickland - Wilmington		Thomas Hailey - South Charlotte	DPOY
Head Coach:	Jeff Edwards - South Wake	COY	Shawn Hill - South Charlotte	Co-COY
Assistant:	Kyle Mendenhall - North Wake		Tony Childrey - Guilford	Co-COY
GIRLS SOCCER				
	<u>EAST</u>		<u>WEST</u>	
	Brinkley Adams - East Wake	MVP	Danielle Bava - Asheville	
	Amery Harrison - East Wake		Rachel Cress - Asheville	Co-MVP
	Taylor Harrison - East Wake		Carly Kuppe - Asheville	
	Katerina Welby - East Wake		Sarah Leahy - Asheville	
	Sarah Floyd - North Wake		Abby McConnell - Asheville	
	Meredith Morrison - North Wake		Abby Sheppard - Asheville	
	Reagan Mucci - North Wake		Juliana Bost - Forsyth	
	Karysa Wilkinson - North Wake		Jillian Hauk - Forsyth	
	Hannah Yinger - North Wake		Abby Schmidt - Forsyth	
	Molly Brohaugh - Wilmington		Anna Toohey - Forsyth	Co-MVP

	Micah King - Wilmington		Madison Vlanzy - Forsyth	
	Lyric Robinson - Wilmington		Lilly Walker - Forsyth	
	Hana Small - Wilmington			