



MEMORANDUM

To: Calgary Rugby Union, Edmonton Rugby Union, Rugby Alberta
From: Catherine Laing, AJRA President
Date: April 11, 2019
Subject: Dispensation Guidelines

This is an informational memorandum for the Alberta sub-unions to provide clarification regarding the AJRA dispensation process. We would also like to take this opportunity to remind our membership that dispensation is **NOT** to be used for moving players. The practice of having athlete's dispensed to fill gaps in registration will not be supported by the AJRA.

It is the intent of the AJRA to align our dispensation process with IRB Guidelines. We amended our policies with the hopes of increased clarity and regulation of the dispensation process. The summary of the guidelines are as follows:

Players may only participate in a two-year age window with the following exception:

"Basic Dispensation" - It is of the coach and parents opinion that the player's physical development, skill level and experience is such that he or she may be allowed to participate in an age grade competition that is more than two years and no greater than three years above his or her age.

"Special Dispensation" - Players requesting dispensation for the following circumstances will be required to complete a strength test and receive written permission from a medical practitioner who is knowledgeable in the physical demands of the sport of rugby. **Please be advised that special dispensation will only be considered in extreme circumstances.**

Basic and Special Dispensation forms can be found on the AJRA and Rugby Alberta website. The AJRA requires one week processing a dispensation form.

Sincerely,

A handwritten signature in black ink that reads 'C Laing'.

Catherine Laing
President, AJRA

