



# *Future Spartans Volleyball Camp*

**5th/6th Grades: June 7-9, 11-12:30**

**7th/8th Grades: June 7-9, 1-3**

**9th Grade: July 24-27, 2:30-5**



EST 2016

# FUTURE SPARTANS VOLLEYBALL CAMP

**HOSTED BY:** JENNY ADCOCK, HEAD COACH

**SESSION I:** JUNE 7-9 FROM 11AM-12:30PM (5TH/6TH GRADERS)

**SESSION II:** JUNE 7-9, FROM 1-3PM (7TH/8TH GRADERS)

**SESSION III:** JULY 24-27, FROM 2:30-5PM (9TH GRADERS)

**LOCATION:** STRATFORD HIGH SCHOOL MAIN & MIDDLE GYMS

**INSTRUCTORS:** STRATFORD HS COACHING STAFF, FORMER SHS PLAYERS

**INSTRUCTION:** 6 BASICS SKILLS OF VOLLEYBALL, POSITION-SPECIFIC TRAINING,  
TEAM CONCEPTS, AND COMPETITIVE STRATEGY

**OPEN TO:** RISING 5TH-9TH GRADERS ZONED TO STRATFORD

\*CURRENT SHS STUDENTS ARE NOT ELIGIBLE TO ATTEND CAMP.\*

**COST:** SESSION I: \$25/CAMPER

SESSION II: \$35/CAMPER

SESSION III: \$55/CAMPER

[CASH OR MYSCHOOL BUCKS PAYMENTS ONLY]

**REGISTRATION:** [HTTPS://TINYURL.COM/FUTURESPARTANSCAMPREGISTRATION](https://tinyurl.com/futurespartanscampregistration)

**PAYMENT:** [HTTPS://TINYURL.COM/FUTURESPARTANSVBCAMPMSB](https://tinyurl.com/futurespartansvbcampmsb)

\*SCHOLARSHIPS AVAILABLE FOR STUDENTS ON FREE OR REDUCED LUNCH.\*

**CAMP PROVIDES:** EQUIPMENT, ACCIDENT INSURANCE, CAMP T-SHIRT

**WHAT TO WEAR:** SHORTS/SPANDEX, T-SHIRT, ATHLETIC SHOES (NO CONVERSE, ETC.),  
KNEE PADS, HAIR PULLED UP!

**WHAT TO BRING:** WATER/GATORADE

**REGISTRATION DUE DATE:** MAY 26TH

\*IF SPACE IS AVAILABLE, LATE REGISTRATION IS ACCEPTED & ASSESSED LATE FEE OF \$5.\*  
A CAMP T-SHIRT IS NOT GUARANTEED FOR LATE REGISTRANTS.

A CONFIRMATION EMAIL WILL BE SENT IS UPON RECEIPT OF APPLICATION.

FOR MORE INFORMATION, PLEASE CONTACT COACH ADCOCK AT  
[JENNIFER.ADCOCK@SPRINGBRANCHISD.COM](mailto:JENNIFER.ADCOCK@SPRINGBRANCHISD.COM).

\*NOTE: THIS CAMP IS NOT A REQUIREMENT TO PLAY VOLLEYBALL FOR STRATFORD OR ANY FEEDER SCHOOL.\*

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# FUTURE SPARTANS VOLLEYBALL CAMP



CAMP REGISTRATION -

[HTTPS://TINYURL.COM/FUTURESPARTANSCAMPREGISTRATION](https://tinyurl.com/futurespartanscampregistration)



MYSCHOOLBUCKS FOR PAYMENT

[HTTPS://TINYURL.COM/FUTURESPARTANSVBCAMPMSB](https://tinyurl.com/futurespartansvbcampmsb)