


Bethesda Prospects Camp Summer 2025

<p>Sample Schedule</p> <p>8:45-9:00 Arrival 9:00-9:20 Run, Stretch, Throw 9:30- 10:30 Station work (Offense) 10:40-11:40 Station work (Defense) 11:45- 12:30 Lunch 12:30- 1:00 Whiffle Ball / Fungo golf 1:00- 2:30 Games 2:40- 2:50 Clean up, Trivia, Awards</p> <p>Daily Concepts</p> <p>*Pitching/Defense/Batting/Baserunning</p> <p>Monday: Fundamentals/ Drills Tuesday: Fundamentals/ Drills Wednesday: Skills Day Thursday: Drills & Begin Tournament Friday: Continue Tournament</p>	<p>Locations and Cost</p> <p>Walter Johnson HS: June 16-20 (\$375) Whitman HS: June 23-27 (\$375) Walter Johnson HS: June 30-July 2 (\$225) Walter Johnson HS: July 7-11 (\$375) Whitman HS: July 14-18 (\$375)</p>	<p>Staff</p> <p>Lead Instructors/ Founders</p> <p>Joe Cassidy- Whitman- Head Coach joseph_f_cassidyiii@mcpsmd.org Cell: 240-606-3773</p> <p>Steve Sutherland- WJ- Head Coach Stephen_Sutherland@mcpsmd.org Cell: 443-465-0322</p> <p>Kyle Skellchock- Damascus- V. Asst. kyle_d_skellchock@mcpsmd.org Cell: 301-807-9184</p> <p>Pat Skellchock- Damascus- Head Coach patrick_d_skellchock@mcpsmd.org Cell: 301-807-8466</p> <p>Instructors</p> <p>Matt Miller- WJ Varsity Asst. Anthony Feltti- Whitman Pitching Coach Sammy Angel- Whitman 25' Ojas Bailey- RM 26'</p> <p>Asst. Instructors</p> <p>Various players from local HS including WJ, Whitman, & DMV Prospects players</p>
<p>Attire / Equipment</p> <ul style="list-style-type: none"> • Cleats and athletic shoes • Baseball Hat • Baseball pants and or shorts • Baseball glove, Helmet, bat, etc • Sunscreen 	<p>Camp Hours: 8:45-3:00</p> <p>Extended Care Available</p> <ul style="list-style-type: none"> • 7:45-8:45am (\$50/week) • 3:00 - 4:00pm (\$50/week) <p>For Rising 4th - 9th Graders</p> 	<p>Lunch and Beverages</p> <ul style="list-style-type: none"> • Campers must pack a bagged lunch • Bring plenty of water / sports drinks • Concessions will vary by location
<p>Coaching Philosophy</p> <p>In order to successfully coach baseball, we strive to build a proper foundation of basic skills and progress as necessary. Baseball players develop at different rates and need quality repetitions in order to improve. We hope to build strong foundations of player skills and tactical play to prepare campers for the next level of baseball.</p>		<p>In Case of Rain...</p> <ul style="list-style-type: none"> • We continue instruction if the rain is light or passes quickly • Camp may end early if thunderstorms/ down pours happen during the camp day (email to parents for early pickup) • If the fields are unplayable from the previous day's rain... <ul style="list-style-type: none"> ○ Camp will be split into 3 groups for 2 hour sessions at the BCC Baseball Indoor Facility (40a Southlawn Ct Rockville, MD) ○ Example: Younger Group: 8:30-10:30am -Older Groups: 10:45am-12:45pm -OR- 1:00-3:00pm (Email with groups will be sent)