



# ARMSTRONG BOYS BASKETBALL CAMPS

*SUMMER WORKOUTS!*

Future grades 9-12

THIS SUMMER ARMSTRONG COACH JON BRYANT AND HIS STAFF  
WILL CONDUCT A SUMMER TRAINING PROGRAM  
FOR ALL ARMSTRONG BOYS' BASKETBALL PLAYERS ENTERING GRADES 9-12.

**SESSION 1**  Monday and Wednesday (8:00am – 9:30am) Cost \$80\*  
June: 10,12,17,19,24,26 - July: 8,10,15, 17, 22, 24, 29

**SESSION 2**  Tuesday and Thursday (3:30pm-5:00pm) Cost \$80\*  
June: 11, 13, 18, 20, 25, 27 - July: 9, 11, 16, 18, 23, 25, 30

*\*All sessions discount for Monday-Thursday workouts - Cost \$130*

*\*\*No refunds for missed sessions*

*In addition to the workouts, all players will receive a T-shirt for their participation.*

ALL WORKOUTS AT ARMSTRONG HIGH SCHOOL

## Goals & Objectives:

- Individual skill development with emphasis on shooting and ball-handling
- Implementation of offensive and defensive team concepts and strategies
- Team unity built through commitment, hard work and dedication
- Opportunity for new staff to build relationship and get to know our players

▶ **Note: Sign-up deadline is Friday, May 31st and registration is limited to 30 players per session**  
For more information, please email Jon Bryant at: [jbryant8@hotmail.com](mailto:jbryant8@hotmail.com)



Please fill out the below information  
and send with a check made payable to

**ARMSTRONG BOYS BASKETBALL BOOSTERS**

Send to:

**Jon Bryant**

**1905 East Wayzata Blvd**

**Suite 250**

**Wayzata, MN 55391**

**PLAYER NAME**

**EMAIL**

**GRADE PRESENTLY (SPRING OF 2019)**

**ADULT T-SHIRT SIZE (CIRCLE ONE):**

**SMALL MEDIUM LARGE X-LARGE XX-LARGE**

**STREET ADDRESS**

**CITY, STATE, ZIP**

**PARENT NAME & CELL PHONE**

**PARENT NAME & CELL PHONE**

I authorize Armstrong HS to secure any medical treatment deemed necessary. I waive and release Armstrong from any and all liabilities for any injuries or illnesses incurred while at the training program.

**PARENT SIGNATURE**

**PLAYER SIGNATURE**