



# VUVC Beach Academy

August Clinic- Safety Protocols for Centennial Hills Sand Courts



Arrive 20 minutes prior to your practice time. You will line up on concrete before entering sand. Wear a mask. Please practice social distancing of a minimum of 6 feet.



One person will enter the sand, sanitize hands and have temperature read by a digital thermometer. They will also answer a list of Covid Questions.



Body temp must not exceed 100.4

Enter sand court, you will put your backpack on the east side of the sand courts. Please leave your belongings in your backpack.



Please make sure whatever trash you bring into the courts you leave with.



Please make sure you follow all guidelines. If you're sick, stay home. Sanitize your hands often



Cover your coughs, and sneezes. Do not touch your mouth.



## Coaches Protocol to Sand Training

1. Before athletes arrive, coach will spray the nets with a special sanitizer.
2. Players will line up, social distancing with a mask on (coach will also have a mask).
3. Coach will call up one player at a time to take temperature, player must have no higher than 100.4.
4. Player must answer Covid 19 questions verbally.
5. Player will sanitize their hands and proceed to put their stuff down, social distancing and keeping everything in their bag.
6. Coach will be sure to maintain as much social distance as possible within drills. Breaks should be often and players should sanitize their hands during each break.
7. After each session, coach will take balls to be sanitized.