



K, 1st and 2nd Grade Tracker

Made Shots (1000 Made Shots-Not Layups)

25
25 25 25 25 25 25 25 25 25 25 25 25 25 25

Minutes Dribbling/Ball Handling (300 Minutes)

5
5 5

Made Free Throws (150 Made Free Throws)

10 10 10 10 10 10 10 10 10 10 10 10 10 10 10

Layups (250 Made Layups)

10 10

Pushups (200 Pushups or Modified, from your knees)

10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10

Wall Passes (200 Passed to a Person or Against a Wall)

10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10 10