



1. You can't sail anywhere until you know where the wind is coming from.
2. You can sail anywhere you want except straight into the wind.
3. The sail is your gas pedal, if it's luffing pull it in (step on the gas)!
4. If you are going sideways put the centre board down.
5. The rudder is your steering wheel, BUT if the boat is not moving the rudder won't work. To get the boat moving straighten the tiller.
6. Keep the boat flat! If you are heeling, counter the weight first, if that isn't enough let the sail out a bit.
 7. Wear your PFD or life jacket!