



Fall Pepsi Kids Rules

League Overview

The Pepsi Kids League is a beginner-friendly hockey league focused on fun and learning the basics of the game.

- **Ages & Divisions:**
 - Ages 4–8
 - Ages 9–13
- **Who Can Join:** Skaters who have completed 1–2 of our NEW ERA Beginner Hockey Clinics or can skate independently (no “walkers”).
- **What’s Included:** 12 on-ice sessions (mix of practices and games) at both Holiday Twin Rinks and Leisure Rinks.

Evaluation and Rating Information

Before the season starts, each player will attend an evaluation session. Players will receive a rating:

- **A, B, or C** – used to create balanced teams.

During games, each team’s A, B, and C lines will face off against matching lines from the other team to keep games fair. Players may be moved between lines during the season based on their progress, with all changes managed by the League Commissioner. All players must wear a sticker on their helmet designating their line.

4-8 Division Information

- Games are **half-ice** with a practice occurring on the other side of the ice.
- **Game Format:**
 - Three periods of 12 minutes each
 - 2-minute shifts for each line
 - Horn sounds to signal line changes; the clock only stops at line changes.
- **Gameplay Rules:**
 - No stoppages for goals or frozen pucks – play continues with a quick puck toss from the referee.
 - The score will not be shown on the scoreboard. Each game will be considered “1 to Fun.”

9-13 Division Information

- Games are **full ice**, focusing on learning rather than winning.
- **Game Format:**
 - Three periods of 12 minutes each
 - 2-minute shifts for each line
 - Clock stops for goals, frozen pucks, and line changes (all restarts begin with a faceoff).
- **Season Structure:**
 1. Early Season – Positioning:
 - a. Focus on learning positions and faceoffs.
 - b. Offsides and icing rules are not enforced.
 2. Mid-Season – Offsides:
 - a. Offside rules introduced and enforced.
 - b. Close calls may be allowed to keep the play moving.
 3. Late Season – Icing:
 - a. Icing rules added.
 - b. Games played with full offsides and icing enforcement.

Mistakes are expected and encouraged as part of the learning process. Coaches and referees will help guide players throughout.

End of Season Information

At the conclusion of the season, each player will receive a Pepsi Kids award, celebrating their growth and development over the season. The final game of the season will end with a Team Party, where each team can celebrate the end of the season. After the Fall Pepsi Kids season, we invite you to register for the Winter Pepsi Kids season, which will start on January 18th, 2026.

