

Troy Youth Soccer Association

Laws of the Game Summary

Spring 2026

Division	U-4	U-6	U-8	U-10B	U-10G	U-12	U-14-16
Game (Boys)	4 V 4	8 V 8*	9 V 9*	11 V 11*	N/A	11 V 11	11 V 11
Game (Girls)	Coed	8 V 8*	9 V 9*	N/A	6 V 6*	Coed	Coed
Ball Size	3	3	3	4	4	4	5
Offside	NO	NO	NO	YES	YES w/ BOL	YES	YES
Game Length	2 X 15 Min	2 X 20 Min	2 X 25 Min	2 X 25 Min	4 x 10 Min Qtrs ****	2 X 35 Min	2 X 40 Min
Half Time	5 Min	10 Min	10 Min				
Switch Sides	NO	NO	NO	YES	YES	YES	YES
Free Kicks	Direct	Direct	Direct	Direct	Direct	FIFA	FIFA
Penalty Kicks	NO	NO	YES	YES	YES	YES	YES
Slide Tackling	NO	NO	NO	NO	NO	NO	NO
Encroachment	3 Yards	3 Yards	5 Yards	7 Yards	7 Yards	8 Yards	10 Yards
Throw-ins	2nd**	2nd**	2nd**	FIFA	FIFA	FIFA	FIFA
Substitutions	FREE***	FREE***	FREE***	FREE***	FREE***	POSSESSION	POSSESSION
Referee	1	1	3	3	3	3	3
Record Score	YES	YES	YES	YES	YES	YES	YES
Head Balls	NO	NO	NO	NO	NO	YES*	YES
Play-out Line	NO	NO	NO	NO	NO	NO	NO

* One player must be designated as a goalkeeper at all times, wearing approved goalie shirt, except for Div. U-4

** Players may re-take 1 foul throw-in, for each occurrence, in Div. U-4, U-6, & U-8

*** Either team may substitute on any dead ball at Referee's discretion

Dead Ball: Throw-In, Goal Kick, Corner Kick = If possession team substitutes, then opposing team may substitute.

**** U10G will have a 2-minute water break after the 1st and 3rd quarter

U6 Boys & Girls – Can reduce players to 7 v 7 if both coaches agree.

U8 Boys & Girls – Can reduce players to 8 v 8 if both coaches agree.

U10 Boys -- Can reduce players to 10 v 10 if both coaches agree.

U10 Girls – Can reduce players to 5 v 5 if both coaches agree.

U12 Head balls: Head balls will be permitted with the exception of goalie punts. Players may not head the ball directly from a goalie punt until after the ball hits the ground.